

Meeting Date: August 12, 2022

RCAC/MSHN Attendees:

21 members attended online, S. Andreotti (MSHN), S. Surna (MSHN), D. Dedloff (MSHN)

KEY DISCUSSION TOPICS

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| <ul style="list-style-type: none"> • Welcome & Introductions • Review and approve June 10, 2022 meeting snapshot <ul style="list-style-type: none"> ○ Follow-up agenda items • Approval of current agenda • Presentation: MSHN SUD Prevention Services • MSHN Informational Items: <ul style="list-style-type: none"> ○ Customer Service Reports Public Behavioral | <ul style="list-style-type: none"> • FY23 Meeting Calendar • Public Behavioral Health System Redesign • CMHSP Local Updates • Other Business • Adjourn |
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✓ **KEY DECISIONS**

- ✓ Welcome & Introductions
 - The ongoing reminder regarding meeting participation etiquette was provided to assist members in having a smooth and courteous meeting.
- ✓ The Regional Consumer Advisory Council (RCAC) meeting snapshot for June 10, 2022 was approved.
 - Follow-up agenda items: None
- ✓ The current agenda was reviewed and approved.
- ✓ Sarah Andreotti & Sarah Surna [MSHN] presented on the MSHN Substance Use Disorder Prevention program. Ms. Andreotti reported that MSHN employs a Lead Prevention Specialist and two Prevention Specialists. The program is supported through Block Grant, PA2, COVID Block Grant, and American Rescue Plan Act funding. The MSHN Prevention Strategic Plan focuses on 1) Reduce Underage Drinking for under 21 and reduce binge drinking for adults 55+, 2) Reduce cannabis misuse for youth and young adults, 3) Reduce opioid prescription misuse, 4) Reduce youth tobacco access and tobacco use, and 5) Reduce alcohol misuse and non-medical use of opioids by adults 55+. Prevention programming is provided through 35 providers through MSHN's 21 county region. Prevention programming is split between youth and community programming. The MSHN Prevention staff head up regional initiatives which include a Wellness Initiative for Senior Education, Problem Gambling Prevention, and Youth Tobacco/Vaping Prevention.
- ✓ MSHN Informational Items:
 - Dan Dedloff [MSHN] presented on the Customer Service Reports. The reports covered FY22 Q1 and Q2 Fair Hearings reporting and FY22 Q1 and Q2 Recipient Rights Reporting. Members discussed the Customer Service reports and provided limited feedback.
- ✓ The FY23 RCAC meeting scheduled was reviewed and approved as scheduled.
- ✓ Members discussed that there has been little activity regarding Sen. Shirkey's proposed Senate bills 597 & 598. Members wondered if the bills are being influenced by Rep. Whiteford's efforts. Even though there has been little public activity, members continued to encourage one another to advocate against the bills.
- ✓ CMHSP Local Updates
 - Bay-Arenac Behavioral Health
 - None
 - CMH for Central MI
 - Staff liaison reported that their Consumer Advisory Council (CAC) is focused on taking a large group for Walk-a-Mile in September.
 - CMHA of C-E-I
 - Member reported that CEI is working on receiving grant funding for a new behavioral health clinic, a new Bridges Crisis unit, and their recently held annual picnic was a success.
 - Gratiot Integrated Health Network
 - Member reported that a Field of Flags event will be held in September for suicide awareness. On September 9th-10th their CAC members are wearing yellow for suicide awareness. Their CAC is working on getting the word out to get a good group to attend the Walk-a-Mile event.

	<ul style="list-style-type: none"> ○ Huron Behavioral Health <ul style="list-style-type: none"> ▪ Member reported that HBH has hired a new peer support specialist and a chief financial officer. Their last CAC meeting received poor attendance due to being held the week of Fourth of July. ○ The Right Door <ul style="list-style-type: none"> ▪ Member reported that individuals attended a Grand Rapids White Caps baseball game. A Back-to-School bash was held to provide school supplies and backpacks for area children. A person-served art show will be held soon. A group is planning to participate in the Walk-a-Mile event. ○ LifeWays Community Mental Health <ul style="list-style-type: none"> ▪ Member reports that their recent CAC meeting was cancelled due to COVID restrictions. A few of the current LifeWays staff openings have been filled. ○ Montcalm Care Network (MCN) <ul style="list-style-type: none"> ▪ None ○ Newaygo County Mental Health <ul style="list-style-type: none"> ▪ Member reported the NCMH has purchased a home to use for transitional living for individuals who are coming out of the correction system. Newaygo County Mental Health will be holding a celebration in honor of 50 years of services to the community. ○ Saginaw County CMHA <ul style="list-style-type: none"> ▪ Member reported plans to attend Walk-a-Mile. A Dancing in the Street event is planned for September. She reported her disappointment in the cuts to state hospitals and limiting admissions for individuals in need. ○ Shiawassee Health and Wellness <ul style="list-style-type: none"> ▪ Member reported on that their local plan to attend Walk-a-Mile. Another member reported the need for additional training for law enforcement on how best to interact with individuals with mental health needs. Their recent CAC meeting had high attendance with eight people. ○ Tuscola Behavioral Health Systems <ul style="list-style-type: none"> ▪ Staff liaison reported a new peer is going to be hired. ✓ Other Business: <ul style="list-style-type: none"> ○ Member asked about how CMHs hold picnics and/or a community movie for the public. She wondered how the cost is covered. Members reported the cost is often covered by the CMH through general fund dollars. Also, joining a community event which is already scheduled is a cost saving strategy. ✓ Adjourned
✓	<ul style="list-style-type: none"> ● None
✓ KEY DATA POINTS/DATES	<ul style="list-style-type: none"> ● Next meeting scheduled for October 14, 2022, 12:30-3:00pm via Zoom online