

Service Descriptions

Applied Behavioral Analysis - Intensive services provided to children 0-21 years old who are diagnosed with Autism Spectrum Disorder (ASD) and who meet medical necessity criteria. ABA utilizes evidence-based intervention to assist children learn age appropriate skills and behaviors. Services commonly address areas including, but not limited to, the following: language skills, social skills, communication, following instructions, peer interactions, following daily routines, self-help and daily living skills, and behavior challenges.

Assertive Community Treatment (ACT) - Multidisciplinary services and supports provided to adults with severe and persistent mental illness who require intensive behavioral health interventions to support their continued independence in the community.

Assessments – includes an evaluation by qualified practitioner that investigates clinical status including presenting problem, history of present illness, previous medication history, relevant personal and family history, personal strengths and assets, and mental status examination purposes of determining eligibility for specialty services and supports, and the treatment needs of the beneficiary.

Assistive Technology - an item or set of items that enable the individual to increase his ability to perform activities of daily living with a greater degree of independence than without them; to perceive, control, or communicate with the environment in which he lives. Examples include adaptations to vehicles, communication devices, or items necessary or independent living.

Autism Treatment - Functional Behavioral Assessment (FBA) and Behavior Treatment Planning where Board Certified Behavioral Analyst (BCBA) uses a variety of different assessment methods (e.g., interviews, observations, ABC data, and functional analyses) to help determine the function of problem behaviors. Behavior plans are then made up of interventions developed from the results of those FBAs and use function-based interventions. These plans are then carried out by caregivers under monitoring and training from BCBA's.

Behavior Treatment Review - a process for reviewing any behavior treatment plan that proposes aversive, restrictive or intrusive techniques, or psycho-active medications for behavior control purposes and where the target behavior is not due to an active substantiated psychotic process.

Child Psychiatrist - doctor who specializes in diagnosing and treating behavioral and thought disorders in children. A child psychiatrist uses his knowledge on many factors including biological and psychological factors, in order to devise a treatment plan for a child with behavior and thought disorders.

Clubhouse - a community-based program organized to support individuals living with mental illness. Comprehensive opportunities are provided, including supports and services related to employment, education, housing, community inclusion, wellness, community resources, advocacy, and recovery. Members achieve or regain the confidence and skills necessary to lead satisfying, meaningful lives and successfully manage their mental illness



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Community Living Supports - Assistance and support designed to facilitate an individual's goals of independence, productivity and community participation. Services are provided in an individual's home and in the community, as appropriate based on individual goals.

Court Services – This includes monitoring of alternative treatment orders (ATO), as well as mental health court services.

Crisis Residential - provide a short-term alternative to inpatient psychiatric services for beneficiaries experiencing an acute psychiatric crisis when clinically indicated. Services may only be used to avert an inpatient psychiatric admission, or to shorten the length of an inpatient stay.

Crisis Services - Crisis response, assessment, referral and brief therapy aimed at behavioral health crisis situations. 24-hour on-call staff are available to respond to crises can be reached using the toll-free crisis phone at your local [community mental health](#).

Drop-In Center - provide an informal, supportive environment to assist beneficiaries with mental illness in the recovery process, providing opportunities to learn and share coping skills and strategies, to move into more active assistance and away from passive roles and identities, and to build and/or enhance self-esteem and self-confidence.

Enhanced Pharmacy - physician-ordered, nonprescription "medicine chest" items as specified in the individual's plan of service. Examples include but are not limited to vitamins/minerals, first aid supplies special dietary foods.

Environmental Modifications - Physical adaptations to the beneficiary's own home or apartment and/or work place. Examples include but are not limited to the installation of ramps and grab-bars, widening of doorways, modification of bathroom facilities.

Family Support and Training - Education, support and training provided to families caring for a relative with a mental illness, serious emotional disturbance or intellectual/developmental disability to assist them with relating to, caring for and/or living with the individual receiving behavioral health services.

Fiscal Intermediary - Facilitation of the employment of service workers by the child's parent or guardian acting as the consumer's representative, including federal, state and local tax withholding/payments, unemployment compensation fees, wage settlements, and fiscal accounting

Guardianship – individuals who are in the position of being legally responsible for the care of someone who is unable to manage their own affairs.

Health Services - Health Services are provided for purposes of improving the beneficiary's overall health and ability to care for health-related needs. This includes nursing services, dietary/nutritional services, maintenance of health and hygiene, teaching self-administration of medication, care of minor injuries or first aid, recognizing early symptoms of illness and teaching the beneficiary to seek assistance in case of emergencies.

Home Based Services - Intensive services provided to children and their families to support families in meeting their child's developmental needs and to support and preserve the family unit. Family driven,



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youth guided treatment is provided through a combination of services including but not limited to individual and family therapy, case management, crisis intervention and coordination with other supports. Services are provided in the family home or community.

Housing Assistance - Assistance with short-term, transitional or one-time only housing expenses for individuals moving from restrictive settings to more independent settings. Individuals are eligible for housing assistance when other benefits, personal or community resources cannot cover the housing cost.

Independent Facilitation – Independent, external entity to assist in and facilitate the person-centered planning process.

Interpretation Service – assistance, including sign language services, for a beneficiary whose primary language is not English and/or who has limited ability to read, speak, or understand English.

Intermediate Care Facility for Individuals w/DD - Health and rehabilitative services provided in a state-licensed facility of 16 beds or less.

Inpatient Psychiatric - Short-term inpatient hospitalization to assist individuals experiencing a mental health crisis that results in a risk to the health and safety of themselves or others to reach a point of stability that allows them to participate in community-based treatment.

OBRA Services - All persons seeking admission to a nursing home who have a mental illness, or an intellectual developmental disability are required to be evaluated to determine whether the nursing facility is the most appropriate place for them to receive services and whether they require specialized behavioral health services.

Occupational Therapy – a form of therapy for those recuperating from physical or mental illness that encourages rehabilitation through the performance of activities required in daily life.

Outpatient Behavioral Health Counseling and Therapy - Office-based therapy offered in individual, group and/or family settings. Outpatient therapy is provided to adults, children and families through a variety of approaches and models to best fit the needs of those served. Includes evidence-based practices such as Dialectical Behavior Therapy, Cognitive Behavior Therapy, Motivational Interviewing, Family Psychoeducation, and Co-Occurring treatment of Mental Health and Substance Use Disorders (IDDT).

Peer Delivered/Operated Support Services – serviced designed to provide individuals with opportunities to learn and share coping skills and strategies, the ability to move into more active assistance and away from passive patient roles and identities, and build and/or enhancing self-esteem and self-confidence.

Peer Specialist Services (Recovery Coach) - Peer support services are an evidence-based mental health model of care provided by a Certified Peer Support Specialist who assists individuals with their recovery from mental illness and substance use disorders. Services are based on individual needs and may include support with health navigation, accessing resources and achieving community participation, independence, recovery and resiliency.



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Physical Therapy - therapy for the preservation, enhancement, or restoration of movement and physical function impaired or threatened by disease, injury, or disability that utilizes therapeutic exercise, physical modalities (such as massage and electrotherapy), assistive devices, and patient education and training.

Prevention - direct service models are programs using individual, family and group interventions designed to reduce the incidence of behavioral, emotional or cognitive dysfunction including:

- Child Care Expulsion Prevention
- School Success Programs
- Children of Adults with Mental Illness/Integrated Services
- Infant Mental Health when not enrolled as a Home-Based program
- Parent Education

Private Duty Nursing - skilled nursing interventions provided to individuals age 21 and older, up to a maximum of 16 hours per day, to meet an individual's health needs that are directly related to his developmental disability.

Psychiatric Services – services include psychiatric evaluations or assessments, medication administration which is the process of giving a physician-prescribed oral medication, injection, intravenous (IV) or topical medication treatment and medication reviews which is the evaluation and monitoring of medications, their effects, and the need for continuing or changing the medication regimen.

Respite Care - Respite care provides short-term, intermittent relief to family or other primary caregiver(s) from the daily stress and demands of caring for a child or adult with intellectual/developmental disabilities, severe emotional disturbances, or mental illness who has comprehensive support needs.

Skill Building Assistance - includes training and supports services to help individuals actively participate at school, work, volunteer opportunities, community settings, or to learn social skills they may need to support themselves or to get around in the community.

Speech, Hearing and Language Therapy - a diagnostic or corrective service to teach compensatory skills for deficits that directly result from a medical condition. This service is provided to beneficiaries with a diagnosed speech, language or hearing disorder adversely affecting the functioning of the beneficiary.

Substance Use Disorder: Early Intervention - a specifically focused treatment program including stage-based intervention for individuals with substance use disorders as identified through a screening or assessment process including individuals who may not meet the threshold of abuse or dependence.

Substance Use Disorder: Medication Assisted Treatment - the use of FDA approved medications such as Methadone, Vivitrol, and Suboxone, in combination with counseling and behavioral therapies.

Substance Use Disorder: Outpatient - services delivered in a variety of settings where addiction treatment staff provide professionally-directed screening, evaluation, treatment, and ongoing recovery and disease management.



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Substance Use Disorder: Prevention - interventions offered in a variety of settings intended to prevent or reduce the risk of developing a behavioral health problem such as underage alcohol use, prescription drug misuse and abuse, and illicit drug use.

Substance Use Disorder: Recovery Residence - programs designed to provide a safe, secure and temporary housing arrangement where individuals in early recovery from a substance use disorder are given the time needed to rebuild their lives, while developing the necessary skills to embark on a life of recovery.

Substance Use Disorder: Residential - programs that focus on helping clients change their behaviors in a planned and structured 24-hour setting. Length of stay varies based upon the client's level of care needs.

Substance Use Disorder: Withdrawal Management (detox) - services providing safe withdrawal from the drug(s) of dependence consisting of three components: evaluation, stabilization, and fostering client readiness for and entry into treatment.

Supported/Integrated Employment Services - Utilizing the evidence-based program, Individual Placement and Support, an employment specialist works one on one with individuals seeking employment. Individuals are assisted with developing resumes, building interview skills, connecting with local employers and ongoing training and support once employment is obtained.

Support and Service Coordination - Planning and/or facilitating planning using person-centered principles (PCP); developing an individual plan of service using the PCP process; linking to, coordinating with, follow-up of, advocacy with, and/or monitoring of Specialty Services and Supports and other community services/supports; brokering of providers of services/supports; assistance with access to entitlements and/or legal representation.

Targeted Case Management - Services include assessment, planning, crisis prevention and intervention, advocacy, coordination and monitoring to assist individuals in gaining access to needed health services, financial assistance, housing, employment, education, social services, and other services and natural supports.

Therapeutic Foster Care - a family-based service that provides individualized treatment for children and their families. Services are utilized to divert a child from a residential placement or to assist a child after discharge from a residential placement.

Transportation - transportation to and from the beneficiary's home so a beneficiary may participate in services at an approved day program site or in a clubhouse psychosocial rehabilitation program when it is determined that it is not otherwise available (e.g., MDHHS, MHP, volunteer, family member), and for the least expensive available means suitable to the beneficiary's need

Treatment Planning - the development and periodic review of the plan of service, including all aspects of the person-centered planning process, such as pre-meeting activities, and external facilitation of person-centered planning. This includes writing goals, objectives, and outcomes; designing strategies to achieve outcomes and ways to measure achievement; attending person-centered planning meetings per invitation; and documentation.



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Treatment Approved Pharmacological Supports – the use of approved medications as an adjunct to treatment.

Veterans Services - increased awareness and access to behavioral health and SUD services through cultural sensitivity and support services.

Vocational Services – job training and placement, supported employment and training in acceptable work behaviors, and vocationally-related social and other skills.

Wraparound - a highly individualized planning process for children and adolescents. Wraparound utilizes a Child and Family Team, often representing multiple agencies and informal supports. The Child and Family Team creates a highly individualized Wraparound plan with the child/youth and family that consists of mental health specialty treatment and services and supports.