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| <p>Meeting Date: April 12, 2019</p> <p>RCAC/MSHN Attendees: 20 members attended (3 attended by phone), S. Gettel (MSHN), and K. Zimmerman (MSHN)</p> | KEY DISCUSSION TOPICS | |
| <p>✓ KEY DECISIONS</p> | <ul style="list-style-type: none"> • Welcome & Introductions • Approval of current agenda • Review and approve December 7, 2018 meeting minutes • MSHN Information Items: <ul style="list-style-type: none"> ○ Performance Indicator Report FY18Q4 ○ MSHN Behavior Treatment Oversight FY19 Q1 Summary Report ○ FY19 PIP Recovery Implementation Plan | <ul style="list-style-type: none"> • Discussion: Independent Facilitation, Person Center Planning, and Self Determination • CMHSP Local Updates • Chair Person Business • Member Suggested Agenda Items: None • Other Business • June Meeting Agenda Suggestions • Adjourn |
| <p>✓ ACTION/INPUT REQUIRED</p> | <ul style="list-style-type: none"> • None | |
| <p>✓ KEY DATA POINTS/DATES</p> | <ul style="list-style-type: none"> • Next meeting scheduled for June 14, 2019, 12:30-3:00pm at Gratiot Integrated Health Network's Lawson Center | |

- ✓ Welcome & Introductions
- ✓ The agenda for Friday, April 12, 2019 was approved
- ✓ The minutes & follow up items from December 7, 2018 were approved
- ✓ MSHN Informational Items:
 - The Performance Indicator Report for FY18Q4 was reviewed. Year versus quarter clarification was provided.
 - The FY19 Q1 MSHN Behavior Treatment Oversight Summary Report was reviewed.
 - The FY19 PIP Recovery Implementation Plan was reviewed along with the Recovery Self-Assessment questions.
- ✓ Kim Zimmerman (MSHN) presented on Independent Facilitation, Person Center Planning, and Self Determination.
- ✓ CMHSP Local Updates
 - Bay-Arenac Behavioral Health has started some new groups: a Recovery group, a Men's group on anxiety, a dad and baby group, a depression and chronic pain women's group, and a 13-15 Girls group.
 - Shiawassee Health and Wellness (SHW) has updated their website and added Autism information. A Drug Alliance group is happening, and information is posted on the website. SHW is now officially a smoke free facility.
 - Saginaw County Community Mental Health Association is holding an art show where consumer paintings are being displayed. Paintings are also being displayed at Fashion Square mall.
 - Newaygo County Mental Health provided free haircuts. Two new peer supports, and a new peer recovery coach are volunteering at the local theater. They also have a Mindfulness movement group, Intensive workout group, Suicide prevention group, and a skills group.
- ✓ Chair Person Business
 - The vote for new vice chair was postponed to a later date.
- ✓ Member Suggested Agenda Items: None
- ✓ Other Business: None
- ✓ June Meeting Agenda Suggestions:
 - Update on 298
 - Autism presentation
 - Additional PCP presentations
 - Jail Diversion
- ✓ Adjourned