

<p>Meeting Date: August 9, 2019</p> <p>RCAC/MSHN Attendees: 22 members attended (5 attended by phone), K. Zimmerman (MSHN), S. Gettel (MSHN), and D. Dedloff (MSHN)</p>	KEY DISCUSSION TOPICS	
<p>✓ KEY DECISIONS</p>	<ul style="list-style-type: none"> • Welcome & Introductions • Review and approve June 14, 2019 meeting minutes • Approval of current agenda • FY20 RCAC Meeting Calendar • MSHN Information Items: <ul style="list-style-type: none"> ○ 2018 Compliance Summary Report ○ FY19-QIC & CSC - Balanced Scorecard ○ Annual Quality Assessment and Performance Improvement Plan 	<ul style="list-style-type: none"> ○ FY19 Q2 Performance Indicator Report • CMHSP Local Updates • Member Suggested Agenda Items: <ul style="list-style-type: none"> ○ None • Other Business • October Meeting Agenda Suggestions • Adjourn
<p>✓ ACTION/INPUT REQUIRED</p>	<ul style="list-style-type: none"> • None 	
<p>✓ KEY DATA POINTS/DATES</p>	<ul style="list-style-type: none"> • Next meeting scheduled for October 11, 2019, 12:30-3:00pm at Gratiot Integrated Health Network's Lawson Center 	

- ✓ Welcome & Introductions
- ✓ The RCAC meeting minutes from June 14, 2019 were approved.
- ✓ The agenda for August 9, 2019 was modified by MSHN staff and approved.
- ✓ The FY20 RCAC meeting calendar was reviewed and approved.
- ✓ MSHN Informational Items:
 - The 2018 Compliance Summary Report was reviewed.
 - The FY19-QIC & CSC - Balanced Scorecard was reviewed.
 - The Annual Quality Assessment and Performance Improvement Plan was reviewed.
 - The FY19 Q2 Performance Indicator Report was reviewed.
- ✓ CMHSP Local Updates
 - Huron Behavioral Health is going through a lot of staff changes.
 - Newago County Mental Health is sponsoring a full-length movie premier. The movie is about suicide and how it impacts families. The movie is called "Coming up for Air."
 - Saginaw CMH-The Zippidy Zoo Da Day was a great success.
- ✓ Member Suggested Agenda Items: None
- ✓ Other Business:
 - A member asked about what others do regarding consumers who struggle to fit between a day program and community involvement. Suggestions were self-determination and improvements within the day program.
- ✓ June Meeting Agenda Suggestions:
 - Dan Dedloff, MSHN liaison, reminded members that they may call or email RCAC agenda suggestions.
 - Members requested information on the requirements for people to qualify and receive CMH services.
 - People need services, they don't know where to go. They are told to Call 211, but that does not always help. Need help for people of all abilities to be able to get help. Another barrier for people to receive information can be language barriers.
 - Advocacy for stigma on active shooters. There is a negative stigma about shootings. People not getting help who need it due to stigma.
 - Education on what people can do to encourage appropriate self help
 - Mental health first aid information
- ✓ Adjourned