

**Meeting Date:** June 10, 2022

**RCAC/MSHN Attendees:**

22 members attended online, D. Meier (MSHN), S. Pletcher (MSHN), S. Gettel (MSHN), D. Dedloff (MSHN)

**KEY DISCUSSION TOPICS**

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• Welcome &amp; Introductions</li> <li>• Review and approve April 08, 2022 meeting snapshot               <ul style="list-style-type: none"> <li>○ Follow-up agenda items</li> </ul> </li> <li>• Approval of current agenda</li> <li>• Presentation: Implicit bias, Health Disparities &amp; MSHN Activities on Diversity, Equity, and Inclusion</li> </ul> | <ul style="list-style-type: none"> <li>• MSHN Informational Items:               <ul style="list-style-type: none"> <li>○ Quality Improvement Quarterly Updates</li> </ul> </li> <li>• Public Behavioral Health System Redesign</li> <li>• CMHSP Local Updates</li> <li>• Other Business</li> <li>• Adjourn</li> </ul> |
|--|--|

✓ **KEY DECISIONS**

- ✓ Welcome & Introductions
  - A reminder regarding meeting participation etiquette was provided to assist members in having a smooth and courteous meeting. The reminder will be provided each meeting so that members are all in agreement about the best ways to have a productive meeting.
- ✓ The RCAC meeting snapshot from April 08, 2022 was approved.
  - Follow-up agenda items: None
- ✓ The current agenda was approved.
- ✓ Dani Meier & Skye Pletcher [MSHN] presented on Implicit bias, Health Disparities & MSHN Activities on Diversity, Equity, and Inclusion. The presentation went over explicit versus implicit bias, ways that bias is systemic, and impacts of bias on health. From infancy, our brains create associations that can lead to unconscious biases. These biases can impact social determinants of health for groups of people within our society. Biases contribute to often invisible systems of inequality within our society. These have led to disparities in housing, education, media representation, jobs & income opportunities, criminal justice, and health care. Historically certain groups have been targeted and discriminated against. Things have gotten better, but discrimination still exists. Being aware of our own belief systems and working to uncover forms of bias is an important step to addressing discrimination within our society. Members engaged with the presenters on the topic and participated in discussion on the information within the presentation.
- ✓ MSHN Informational Items:
  - Sandy Gettel [MSHN] presented the Quality Improvement Quarterly updates. The update included a discussion of Adverse Events, the Michigan Mission Based Performance Indicator System results, and the Priority Measure for Follow-Up to Hospitalization. Members provided feedback and discussion on the topic.
- ✓ Members discussed the most recent action alert from the Community Mental Health Association of Michigan on the Senate 597 & 598 bills. The handout attached to the action alert entitled *The Wrong Steps at the Wrong Time* was reviewed. The handout provided talking points to address the Senate bills. It was noted that Sen. Shirkey may try to push out SBs 597 & 598 to the Senate for a vote in the coming weeks. Members encouraged one another to continue to advocate against the bills.
- ✓ CMHSP Local Updates
  - Bay-Arenac Behavioral Health
    - New member reported their clubhouse program is open.
  - CMH for Central MI
    - Member reported that on June 15<sup>th</sup> there will be a local CMHCM Walk a Mile event. A new member has been added to their local CAC.
  - CMHA of C-E-I: None
  - Gratiot Integrated Health Network
    - Member reported a few local events are scheduled this summer. On June 29<sup>th</sup> GIHN will be having a blood drive. On August 1<sup>st</sup> a concert in the park event is scheduled. On September 2-5 a Mental Health First Aid session will be held.
  - Huron Behavioral Health

	<ul style="list-style-type: none"> <li>▪ Member reported that HBH is planning a picnic on June 23<sup>rd</sup>. He reported that he recently learned that the number of children being screened for a mental health unit admission is equal to the number of adults being screened. The number of children being screened has increased over the past few years and is a concern which should be addressed.</li> <li>○ The Right Door <ul style="list-style-type: none"> <li>▪ Member reported that their From Drab to Fab event brought out 140 people who received haircuts and clothing. A new peer has been certified. On July 13<sup>th</sup> an outing is planned to attend a Grand Rapids White Caps baseball game.</li> </ul> </li> <li>○ LifeWays Community Mental Health <ul style="list-style-type: none"> <li>▪ Member reports that their CAC is still meeting remotely. A walking group will be held every Wednesday throughout the summer.</li> </ul> </li> <li>○ Montcalm Care Network (MCN) <ul style="list-style-type: none"> <li>▪ Staff liaison reported that MCN is focusing on employee recognition to highlight the efforts of MCN staff.</li> </ul> </li> <li>○ Newaygo County Mental Health <ul style="list-style-type: none"> <li>▪ Member reported that their CAC continued to meet remotely. Plans are being made to schedule in-person meetings to begin in the fall.</li> </ul> </li> <li>○ Saginaw County CMHA <ul style="list-style-type: none"> <li>▪ Member reported her appreciation over the SCCMHA staff.</li> </ul> </li> <li>○ Shiawassee Health and Wellness <ul style="list-style-type: none"> <li>▪ Member reported that their drop-in center is planning an open house on June 21<sup>st</sup> to show individuals the drop-in program.</li> </ul> </li> <li>○ Tuscola Behavioral Health Systems <ul style="list-style-type: none"> <li>▪ Member reported that on August 4<sup>th</sup> a summer picnic is planned. Their quarterly newsletter has been discontinued due to a lack of participation. May was Mental Health Awareness month and TBHS put up billboards in the community which focused on stigma reduction. Their drop-in center is open three days a week and the hope is to increase to four days in the near future.</li> </ul> </li> <li>✓ Other Business: <ul style="list-style-type: none"> <li>○ None</li> </ul> </li> <li>✓ Adjourned</li> </ul>
<ul style="list-style-type: none"> <li>✓ ACTION/INPUT REQUIRED</li> </ul>	<ul style="list-style-type: none"> <li>• None</li> </ul>
<ul style="list-style-type: none"> <li>✓ KEY DATA POINTS/DATES</li> </ul>	<ul style="list-style-type: none"> <li>• Next meeting scheduled for August 12, 2022, 12:30-3:00pm via Zoom online</li> </ul>