

Meeting Date: October 11, 2019

RCAC/MSHN Attendees:

22 members attended (3 attended by phone), K. Zimmerman (MSHN by phone), S. Gettel (MSHN), and D. Dedloff (MSHN)

KEY DISCUSSION TOPICS

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| <ul style="list-style-type: none"> • Welcome & Introductions • Review and approve August 9, 2019 meeting minutes • Approval of current agenda • MSHN Informational Items: <ul style="list-style-type: none"> ○ 2019-2020 Compliance Plan ○ Recovery Self-Assessment Summary ○ FY19 Q1-2 Medicaid Fair Hearings Report ○ FY19 Q2 Denial, Grievance, Appeals, Second Opinion Report | <ul style="list-style-type: none"> • Mental Health First Aid Presentation • CMHSP Local Updates • Member Suggested Agenda Items: None • Other Business • Next Meeting Agenda Suggestions • Adjourn |
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✓ **KEY DECISIONS**

- ✓ Welcome & Introductions
- ✓ The RCAC meeting minutes from August 9, 2019 were approved.
- ✓ The current agenda was approved as written.
- ✓ MSHN Informational Items:
 - Kim Zimmerman (MSHN) presented the 2019-2020 Compliance Plan
 - Sandy Gettel (MSHN) presented the Recovery Self-Assessment Summary
 - Dan Dedloff (MSHN) presented the FY19 Q1-2 Medicaid Fair Hearings Report
 - Dan Dedloff (MSHN) presented the FY19 Q2 Denial, Grievance, Appeals, Second Opinion Report
- ✓ Julie Barron, CMHA-CEI liaison, presented on Mental Health First Aid
- ✓ CMHSP Local Updates
 - Newago County CMH will be having a speaker at the Dogwood center Oct. 23rd
 - Partnering with a local group to help with social events.
 - Saginaw-Transportation authority has added a taxi service for SCCMHA clients
 - Gratiot Integrated Health Network-will be getting trained in Youth Mental Health First Aid
 - Home and Community Based Conference in Lansing in November
 - Parent involvement is needed and only a \$20 fee for parents
 - Sign up through CMHA of Michigan; website will provide more information to those interested
- ✓ Other Business:
 - LPC update was requested and the MSHN liaison shared the status of the legislation
 - CBS Network is having a program on Oct 23 about Mental Health stigma
- ✓ Next Meeting Agenda Suggestions:
 - Mental Health Court- presenter
 - DBT and EMDR presentation would be nice
 - Upgrade technology for mental health and resources
- ✓ Adjourned

✓ **ACTION/INPUT REQUIRED**

- None

✓ **KEY DATA POINTS/DATES**

- Next meeting scheduled for December 13, 2019, 12:30-3:00pm at Gratiot Integrated Health Network's Lawson Center