

**Meeting Date:** April 08, 2022

**RCAC/MSHN Attendees:**

18 members attended online, D. Dedloff (MSHN)

**KEY DISCUSSION TOPICS**

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| <ul style="list-style-type: none"> <li>• Welcome &amp; Introductions</li> <li>• Review and approve February 11, 2022 meeting snapshot             <ul style="list-style-type: none"> <li>○ Follow-up agenda items</li> </ul> </li> <li>• Approval of current agenda</li> <li>• Update: Public Behavioral Health System Redesign</li> <li>• Discussion: Advocacy Essentials</li> <li>• Response: How should we advocate?</li> </ul> | <ul style="list-style-type: none"> <li>• MSHN Informational Items: None</li> <li>• CMHSP Local Updates</li> <li>• Other Business</li> <li>• Adjourn</li> </ul> |
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✓ **KEY DECISIONS**

- ✓ Welcome & Introductions
- ✓ The RCAC meeting snapshot from February 11, 2022 was approved.
  - Follow-up agenda items: None
- ✓ The current agenda was approved.
- ✓ Dan Dedloff (MSHN) shared a brief update regarding the proposed Public Behavioral Health System Redesign Initiatives. Since the last RCAC meeting Senate Bills 597 & 598 have received some language revisions. It is believed that Sen. Shirkey will move the bills into the Senate when he has sufficient support for votes, but the bills have yet to move out of the committee. Rep. Whiteford's House bills 4925, 4926, 2927, and 4928 have been revised and the House Health Policy committee will be taking testimony on the bills on March 17, 2022.
- ✓ Dan Dedloff (MSHN) presented on Advocacy Essentials. He shared that an advocate is a person who argues for, recommends, or supports a cause or policy. Types of advocacies include self-advocacy, individual advocacy, and systems advocacy. An effective advocacy message begins with a statement which engages the audience, clearly presents the problem, provides facts and data about the problem, share a story regarding the problem, connects the problem to the audience's concerns and self-interest, and ends with making a request. A video presentation by Keisha Brewer was shown which covered Strategic Communication and stated that Strategic Communication identifies the purpose or goal of the communication, understands the audience, communicates the value, and expresses the need. A video presentation by Paul Henne was shown which discussed correlation and causation to better understand how logic is used to form an argument to better understand the argument to enhance advocacy. Ways to advocate were reviewed and included voting, researching the topics and issues, talking with friends and family about the issue(s), writing letters, calling, or social media directed at politicians involved in an issue, using an online petition to support an issue, hosting a local conversation group on the issue(s), working with others who are working for change on the issue(s), and finished with an encouragement for good self-care. The Community Mental Health Association of Michigan's advocacy page was reviewed, and their advocacy videos were shown. Members will be provided links to assist them in identifying their local House Representative and Senator. Members will be provided the presentation to assist them in their advocacy.
- ✓ Members discussed ways to respond and advocate. Members agreed that advocating in their local communities through efforts by the consumer advisory council on the different ways to advocate is essential. Members were reminded that their RCAC staff liaisons were helpful local staff to network with if advocacy efforts through their local CMH was desired. Information through the local drop-in center is also a good place to share advocacy efforts. Participating in the annual Walk a Mile was also suggested as a way to advocate.
- ✓ MSHN Informational Items: None
- ✓ CMHSP Local Updates
  - Bay-Arenac Behavioral Health
    - Staff liaison reported that at their last meeting they had a presentation on self-advocacy. They decided after discussion on the system redesign initiatives to send an advocacy letter on House bills 597 and 598 to those senators who report as being undecided on their support of the bills.
  - CMH for Central MI

	<ul style="list-style-type: none"> <li>▪ Member reported that on June 15<sup>th</sup> there will be a local CMHCM Walk a Mile scheduled. New clubhouse staff members have been added for counties served by CMHCM which have a clubhouse.</li> <li>○ CMHA of C-E-I <ul style="list-style-type: none"> <li>▪ An art show was recently held, and the winner's entry will be included in the travelling art show.</li> </ul> </li> <li>○ Gratiot Integrated Health Network <ul style="list-style-type: none"> <li>▪ Member reported there on April 26<sup>th</sup> a Wellness Walk is scheduled. April is child abuse prevention month and pinwheels for prevention will be on display outside of Gratiot Integrated Health Network.</li> </ul> </li> <li>○ Huron Behavioral Health <ul style="list-style-type: none"> <li>▪ Member reported that their local CAC meetings continue to be over Zoom. The last meeting was shortened due to low staff and member turnout for the meeting.</li> </ul> </li> <li>○ The Right Door <ul style="list-style-type: none"> <li>▪ Member reported that in May a program called From Drab to Fab will provide haircuts and clothing to those in need. Sparrow Health System will also have their mobile unit at the event for health screenings. Plans are underway to have another art gallery on display. A recent psychoeducation group was held which addressed Schizophrenia and Schizoaffective Disorder which was attended by several families.</li> </ul> </li> <li>○ LifeWays Community Mental Health <ul style="list-style-type: none"> <li>▪ Member reports that there are 35 open staff positions through LifeWays. Their CAC is still meeting remotely. LifeWays has also begun to accept private insurances.</li> </ul> </li> <li>○ Montcalm Care Network (MCN) <ul style="list-style-type: none"> <li>▪ Staff liaison reported that two persons served were diverted from hospitalization due to their inhouse pharmacy being able to provide the needed medication for the individual. Survey results have been 4.8 out of 5 stars for their mobile crisis unit as a helpful intervention which is well received. Plans are underway to host a 5K run entitled "End the Sigma" and will be held at their local Fred Meijer Park.</li> </ul> </li> <li>○ Newaygo County Mental Health <ul style="list-style-type: none"> <li>▪ Member reported that their CAC continued to meet remotely. Plans are underway to schedule a future in-person meeting.</li> </ul> </li> <li>○ Saginaw County CMHA <ul style="list-style-type: none"> <li>▪ Member reported that their CAC meetings have begun to meet in-person. A consumer wellness group committee has been formed to focus on all aspects of consumer wellness.</li> </ul> </li> <li>○ Shiawassee Health and Wellness <ul style="list-style-type: none"> <li>▪ Member reported that their CAC meetings continue to meet remotely.</li> </ul> </li> <li>○ Tuscola Behavioral Health Systems <ul style="list-style-type: none"> <li>▪ Member reported that a lot of people have been attending their Peer360 support group held at their peer support center on Friday evenings. The group has helped a lot of people. Their next Peers4Peers meeting is scheduled for June.</li> </ul> </li> <li>✓ Other Business: <ul style="list-style-type: none"> <li>○ Two Consumer Representatives have begun to participate in MSHN meetings. There is one representative on the Quality Improvement Council (QIC) and one on the Customer Service Committee. There are two open positions and more information is available on the <a href="#">MSHN website</a>.</li> </ul> </li> <li>✓ Adjourned</li> </ul>
✓ ACTION/INPUT REQUIRED	<ul style="list-style-type: none"> <li>• None</li> </ul>
✓ KEY DATA POINTS/DATES	<ul style="list-style-type: none"> <li>• Next meeting scheduled for June 10, 2022, 12:30-3:00pm via Zoom online</li> </ul>