

H2014 - Skill Building Assistance

Review Date: 6/27/2024 Adopted Date: 7/29/2024 Description of Changes: None

# H2014 - Skill Building Assistance

#### **Covered Service**

Skill Building Assistance consists of activities identified in the individual plan of services and designed by a professional within his/her scope of practice that assist an individual to increase his economic self-sufficiency and/or to engage in meaningful activities such as school, work, and/or volunteering. The services provide knowledge and specialized skill development and/or support. Skill building assistance may be provided in the beneficiary's residence or community setting.

Documentation must be maintained in the record that the beneficiary is not currently eligible for supported employment services provided by Michigan Rehabilitation Services (MRS) or the Bureau of Services for Blind Persons (BSBP). Information must be updated when the beneficiary's MRS or BSBP eligibility conditions change.

### Coverage Includes:

- Out-of-home adaptive skills training: Assistance with acquisition, retention, or improvement in self-help, socialization, and adaptive skills; and supports services incidental to the provision of that assistance, including:
  - Aides helping the beneficiary with his/her/their mobility, transferring, and personal hygiene functions at the various sites where adaptive skills training is provided in the community.
  - When necessary, helping the person to engage in the adaptive skills training activities (e.g., interpreting). Services must be furnished on a regularly scheduled basis (several hours a day, one or more days a week) as determined in the individual plan of services and should be coordinated with any physical, occupational, or speech therapies listed in the plan of supports and services. Services may serve to reinforce skills or lessons taught in school, therapy, or other settings.
  - O Work preparatory services are aimed at preparing a beneficiary for paid or unpaid employment but are not job task oriented. They include teaching such concepts as attendance, task completion, problem solving, and safety. Work preparatory services are provided to people not able to join the general workforce or are unable to participate in a transitional sheltered workshop within one year (excluding supported employment programs).
  - Activities included in these services are directed primarily at reaching habilitative goals (e.g., improving attention span and motor skills), not at teaching specific job skills.
    These services must be reflected in the beneficiary's person-centered plan and directed to habilitative or rehabilitative objectives rather than employment objectives.
  - Transportation from the beneficiary's place of residence to the skill building assistance training, between skills training sites if applicable, and back to the beneficiary's place of residence.

## Coverage Excludes:

Services that would otherwise be available to the beneficiary.

**Current Procedure Code** H2014

Unit Type- [Day, Encounter, Etc.] 15-minute unit



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# **Eligibility Criteria and Service Priorities:**

Skill Building Assistance is available to Medicaid beneficiaries with a serious emotional disturbance, serious mental illness and/or intellectual/developmental disability through the §1915(i) State Plan Amendment (SPA) for home and community-based services in accordance with §1915(i)(7) of the Social Security Act. The intent of the §1915(i) SPA is to fund medically necessary supports and services that promote community inclusion and participation, independence, and/or productivity when identified in the individual plan of service as one or more goals developed during person-centered planning. The authorization and use of Medicaid funds for any of the §1915(i) SPA supports and services, as well as their amount, scope and duration, are dependent upon:

- The Medicaid beneficiary's eligibility for specialty services and supports as defined in the Behavioral Health and Intellectual and Developmental Disability Supports and Services Chapter of the Michigan Medicaid Provider Manual
- The service(s) having been identified during person-centered planning;
- The service(s) being medically necessary
- The service(s) being expected to achieve one or more of the following goals as identified in the beneficiary's plan of service:
  - o Community Inclusion and Participation
  - o Independence
  - Productivity

#### **Associated Outcomes:**

One or more of the following as identified in the beneficiary's plan of service:

- 1. <u>Community Inclusion and Participation</u> The individual uses community services and participates in community activities in the same manner as the typical community citizen.
- 2. <u>Independence</u> "Freedom from another's influence, control and determination." (Webster's New World College Dictionary, 1996). Independence in the B3 context means how the individual defines the extent of such freedom for him/herself during person-centered planning.
- 3. <u>Productivity</u> Engaged in activities that result in or lead to maintenance of or increased self-sufficiency. Those activities are typically going to school and work. The operational definition of productivity for an individual may be influenced by age-appropriateness.

#### **Typical Service Utilization Pattern:**

Services must be furnished on a regularly scheduled basis (several hours a day, one or more days a week) as determined in the individual plan of services and should be coordinated with any physical, occupational, or speech therapies listed in the plan of supports and services.

### **Provider Qualifications:**

Please refer to the current version of the <u>MDHHS Behavioral Health Code and Provider</u> <u>Qualifications Document</u> for specific qualification and training requirements.