

Personalized Resources for Individuals Involved with the Justice System



UPDATED
9/18/2025

<https://midstatehealthnetwork.org/>

How Does Mid-State Health Network Help?

Our Substance Use Disorder (SUD) Care Navigator focuses on personalized support for individuals involved with the justice system, including the Michigan Department of Corrections (MDOC).

When asked—and with the person's permission—the SUD Care Navigator can also help communicate between different groups, like parole agents, treatment providers, care coordinators, etc.

SUD Care Navigator

Christina Romero, LMSW

517-299-0089

christina.romero@midstatehealthnetwork.org



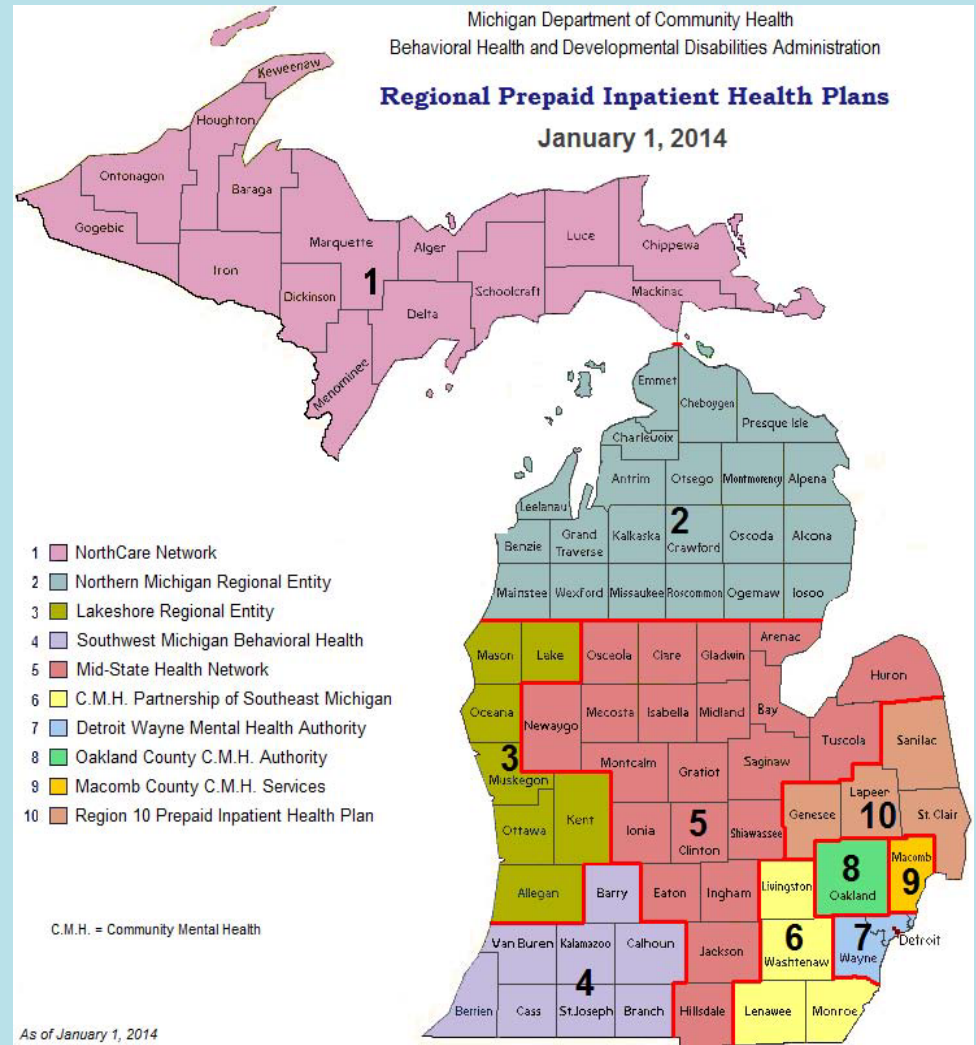
About this Guide

This guide is made for people who are involved with the justice system. The goal is to help them and their families find supportive resources.

How to Use the Guide

This guide is meant to be used on a computer, tablet, or phone. Most of the resources include links you can click on.

The resources in this guide are part of Mid-State Health Network's region (the red counties on the map).



Working Through Systems and Getting Support

You might be wondering, “Where do I start?” Ask yourself these questions:

- Do I want inpatient or outpatient services?
- Is location important to me?
- Do I need help right away, or can I wait for an appointment?

Knowing some of the answers to these questions is a great start, but its also okay to not know.

If you are experiencing an emergency, please go to the nearest Emergency Department or contact the Suicide and Crisis Lifeline, call or text 988 for free, confidential services 24/7/365.

Service Network

Support After Incarceration

Substance Use Treatment & Recovery
Supports

MDHHS Benefits

Medical Care

Transportation Services

Mental Health Services

Education and Employment

Sharing Information

Your helpers, like your therapist, doctor, or family can work better together if they share information.

You decide what they can share by signing a [release to share information](#). Only the information you allow will be shared.



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Life After Incarceration

Getting back into everyday life after jail or prison can be challenging. You might have questions about health, housing, money, or reconnecting with loved ones.

You are not alone. This guide has resources to help you take the next steps, and there are caring people and organizations ready to support you.



Support for Individuals and Families During and After Incarceration

[Calvin University](#) We support returning citizens through a database that shows helpful agencies across the state. To see the map click [HERE](#)

Michigan State Appellate Defender Office and Criminal Defense Resource Center offers a [Reentry Workbook](#) This book gives information on how to get support after incarceration. SADO's Project Reentry started in 2016 to meet the needs of clients returning home after long stays in jail or prison.

[Safe and Just Michigan](#) We support people affected by the criminal justice system through expungement clinics and other helpful programs.

[Catholic Charities Offender Success Program](#) requires a referral from a parole agent; For more information please call (810) 484-2828.

[Northwest Initiative-Advocate, Resources, Re-Entry Outreach \(ARRO\) program](#) offers funding for ID's and bus passes. To qualify, you must have spent at least 6 months in jail or prison **or** been released in the last 60 days, **and** not be currently receiving other reentry services.

City of Lansing-Resource Guide for Reentry Citizens
<https://www.lansingmi.gov/359/OS-Reentry-Services>

[American Friends Service Committee](#) offers support to women post-incarceration

[Emmaus House](#) a home for women coming from jail or rehab. The goal is to give them a family-like, Christian environment while they work on building new lives for themselves.

Michigan Justice Advocacy offers resources to individuals' post-incarceration. Click [HERE](#) to locate your county's resource guide.

[Nation Outside](#) Our team of Peer Navigators, most of whom have lived experience, are here to help you or a loved one navigate the challenges of coming home.

[Parole and Probation Directory](#)

For Loved Ones:

The [Michigan Department of Corrections](#) offers support and resources for families of someone who is currently incarcerated.

[Citizens for Prison Reform](#) offers support and education to families with a loved one who is or who has experienced incarceration



Identification and Vital Documents

State-issued identification (ID) or Driver's License

You need a state ID or driver's license for work, housing, and services. If your license was suspended or taken away, contact the Secretary of State to find out how to get it back.

Proof of Incarceration

You may need papers that show you were in prison or jail. Ask your parole officer for this document. You can also request copies at the [Criminal Justice Information Center](#)

Remember: You have a legal right to these documents. Nobody can refuse them to you simply because you were incarcerated.

The information on this slide can be found in the reentry workbook created by the [Michigan State Appellate Defender Office and Criminal Defense Resource Center](#)



Identification and Vital Documents

Birth Certificate

Search online for “Where to Write for Vital Records.” Sometimes, a prison photo ID with discharge papers may also be accepted.

Social Security Card-Replacement

Go to your local Social Security office to apply in person. Bring **original documents**, such as:

- Birth certificate
- Hospital record of your birth
- Driver’s license/State ID
- Prison ID (often accepted)

The information on this slide can be found in the reentry workbook created by the [Michigan State Appellate Defender Office and Criminal Defense Resource Center](#)

MDHHS & PUBLIC BENEFITS

MDHHS Benefits:

- Medicaid
- Cash Assistance
- Food Benefits
- Child Care Assistance
- Women, Infants, and Children
- State of Emergency Relief

You may also qualify for:

- Social Security (SSI or SSDI)
- Unemployment Benefits
- Veteran Benefits

When you come home, change your Medicaid status from “Suspended” to “active.” You can do this at your local MDHHS office. You can fill out a paper application in person at the office or online at the [MI Bridges website](#)

Click [HERE](#) to locate a MDHHS office near you



A Helpful Checklist

- ✓ Go to the Secretary of State to get a state ID or driver's license
- ✓ Check what you owe for court costs and fines, and make a plan to pay them
- ✓ Go to a MDHHS office to apply for help
 - Food benefits – MI Bridge Card
 - Change your Medicaid/Medicare status from “suspended” to “active”
- ✓ Go to the Social Security Office, and if eligible, apply for: Social Security Retirement Benefits, Supplemental Social Income (SSI), or Social Security Disability Income (SSDI)
- ✓ Obtain a cell phone, if you need assistance contact [Assurance Wireless](#)
- ✓ Find a doctor and dentist
- ✓ Set up a bank account
- ✓ Set up an email account
- ✓ Obtain a library card, libraries are a great resource for computer access
- ✓ Find employment; meet with an agency that assists with employment or contact a staffing agency
- ✓ Become involved in community or spiritual support groups

TRANSPORTATION SERVICES



It is helpful to have this information when calling:

- Your name, Medicaid ID number and date of birth
- The address and phone number of where you will be picked up
- The address and phone number of where you are going
- Your appointment date and time
- The name of your doctor or medical office

NON-EMERGENCY MEDICAL TRANSPORTATION

Provides transportation to and from medical appointments. Rides must be scheduled 3 to 5 days prior to the appointment date.

- [Mclaren Health Plan](#)
- [Aetna Better Health of Michigan](#) (866) 316-3784, Option 6 for Transportation
- [Blue Cross Complete of Michigan](#)
- [Molina Health Care](#)
- [Priority Health Choice](#)
- [Health Alliance Plan Empowered](#)
- [Meridian Health Plan](#) (877) 841-1356, SafeRide Health Scheduling

Transportation Services

LOCAL ORGANIZATIONS

[Project Starburst](#) (Mecosta County): assists with transportation for groceries and obtaining essentials such as birth certificate/state ID, clothing, and hygiene items

[Love INC of Jackson County](#) assists with bus passes, obtaining vital documentation, furniture, and hygiene items

PUBLIC TRANSPORTATION

[Eaton County](#) Eaton County Transportation Authority provides curb to curb public transportation. Reservations need to be made in advance. Call 517-543-4087. Fare is \$2.

Isabella County [Iride](#) offers shuttle services throughout Isabella County. Fare is \$2.

[Jackson Transit Authority](#) Fare is \$1.25.

[Transportation Solutions](#)



Emergency Shelters

Provides short-term help and a safe place to stay

Can help with food, clothing, and finding permanent housing



Sober Living / Transitional Homes

Provides programs to help with recovery

Some homes may offer financial help if available and you qualify



Regional & County Assistance Agencies

Help with finding permanent housing

Assist with keeping the home you already have



[Call 211](#) Statewide Assistance

Housing

There are different kinds of housing:

**transitional,
emergency, and
permanent**

The best option depends on:

- Where you want to live
- Your income
- Your legal history

New Dawn Shelter (Gladwin County)
If you need a safe place to stay, call (989)
709-6089

Rescue Ministries of Mid-Michigan
helps homeless men, women, children,
families, and veterans. For help, call (989)
893-5973.

Have Mercy (Montcalm and Ionia Counties)
You can walk in or call 616-225-8055. The
shelter is at 1015 E. Washington St.,
Greenville, MI 48838. They also have a
special program for men who want sober
living. Be sure to say if you are interested
when you call.

Loaves and Fishes
Call 517-482-2099 after 9:00 AM.

Housing

Emergency Shelters

Advent House Ministries (Weekend Day Shelter)

Call 517-485-4722

Holy Cross Services (Emergency Overnight Shelter)

Helps men, women, and families without housing.

Lansing Location: New Hope Community Center, 430 N. Larch St., Lansing, MI 48912. Call 517-484-4414.

Saginaw Location: 1030 N. River Rd., Saginaw, MI 48609. Call 855-384-3278.

Sober Living-Recovery Homes

Mid-State Health Network

<https://midstatehealthnetwork.org/provider-network-resources/provider-information/provider-directory?patype=SUD>

Michigan Association of Recovery Resources Inc.

<https://michiganarr.com/full-operator-list>

Housing Emergency Shelters & Sober Living

[Fivecap. Inc.](#) serves Newaygo County

[TrueNorth Community Services](#) serves Newaygo County,
call (877) 446-8730

[8cap](#) serves Gratiot, Isabella, Montcalm, and Ionia
counties; call (616) 225-5965 or (866) 754-9315

[GIMI Shelter](#)

[Home to Stay Housing Assistance Center](#)

[Human Development Commission](#) serves Tuscola and
Huron counties, call (989) 551-0809

[Mid-Michigan Community Action](#) helps people who are
homeless or at risk of eviction in Clinton or Eaton County
To set up an appointment, call:

- Department of Health and Human Services -
(517) 543-0860
- Salvation Army - (517) 484-4424
- Capital Area Community Services - (517) 541-5465
- Eaton Shelter - (800) 899-9997

Housing

County Assistance

Substance Use Disorder Treatment and Recovery Supports

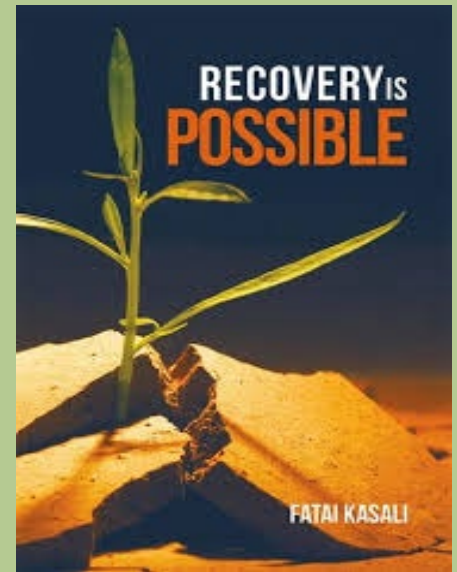
[Home of New Vision](#) Offers crisis help, peer support, recovery groups, therapy, and harm reduction services.

[Peer 360 Recovery Alliance](#) Offers peer support, recovery groups, and harm reduction services

[Ten16](#) Offers substance use treatment, peer support, and a drop-in recovery center

[Face Addiction Now/Hope Not Handcuffs](#) Offers peer support, family services, recovery groups, and harm reduction. **Hope Not Handcuffs** gives immediate help to people looking for inpatient treatment.

[Wellness INX](#) Serving Clinton, Eaton & Ingham Counties through multiple pathways to recovery



What is peer support?

Peer support means getting help from other people who are also in recovery.

Substance Use Disorder Treatment and Recovery Supports

Mutual Aid Recovery Groups

[Alcoholics Anonymous](#)

[Narcotics Anonymous](#)

[Smart Recovery](#)

[Celebrate Recovery](#)

[Recovery Dharma](#)

[Medication-assisted Recovery](#)

[Anonymous](#)

[In The Rooms](#)



SUD Resources

[Mi SUD Locator](#)

Find SUD services wherever
you are using the MDHHS
statewide map

[Locate](#) a Mid-State Health Network
Provider

[Recovery Mobile Clinic](#) offers the
medication, Vivitrol, while providing
resources for substance use, mental
health, and physical health

Never Use Alone Support Line
1-800-484-3731

Click [HERE](#) to locate Narcan, syringe
exchange services and testing strips

Community Mental Health

[Bay-Arenac Behavioral Health Authority](#)

[Clinton-Eaton-Ingham Community Mental Health Authority](#) serving Clinton, Eaton and Ingham

[Community Mental Health for Central Michigan](#) serving Clare, Gladwin, Isabella, Mecosta, Midland and Osceola

[Gratiot Integrated Health Network](#)

[Huron County Community Mental Health Authority](#)

[The Right Door](#) serving Ionia county

[LifeWays Community Mental Health Authority](#) serving Jackson and Hillsdale

[Montcalm Care Network](#)

[Newaygo County Community Mental Health Authority](#)

[Saginaw County Community Mental Health Authority](#)

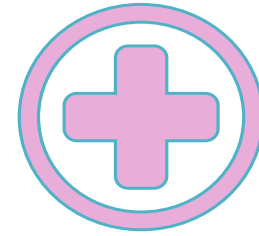
[Shiawassee Health & Wellness](#)

[Tuscola County Community Mental Health Authority](#)

[Tuscola Peer Center](#) offers support groups and community resources. Located at 406 West Frank Street Caro, MI 48723, Phone: 989-589-5820

Suicide and Crisis Lifeline-Call or text 988 for free, confidential services 24/7/365.

Medical Services

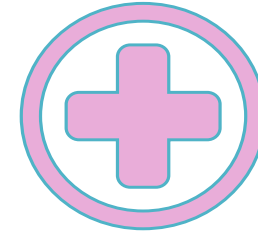


[Care Free Medical](#) Offers medical care, medications, mental health, dental, and vision services to underinsured and uninsured adults and children from across Metro Lansing; **Call (517) 887 5922 for additional questions or to schedule an appointment**

[Family Health Care](#) Offers medical care, medications, mental health, dental, and vision services.

[St. Peter's Free Clinic](#) serving Hillsdale County residents. You can see a doctor and get help with medications. You must have NO medical insurance. **Call 517-437-4041**

Medical Services



[MyMichigan Health](#) located in Clare, Gladwin, Midland, Mt. Pleasant, and Saginaw

[Hope House Free Medical Clinic](#) serves Mecosta County. Offers medical care, lab testing, Medicaid application assistance, x-rays, spiritual support, mental health counseling, and referrals for dental and eye exams.

[Great Lakes Bay Health Centers](#) offers medical care, medication, mental health, dental, and vision **Call (989) 921-5377**

[Cherry Health](#) offers medical care, behavioral health, dental, vision and pharmacy services. **Call (616) 965-8308** or email newpatient@cherryhealth.com

Education, Workforce and Job Training

Michigan Works assists with job training, job placement, GED and tuition costs, career choices, interview and resume skills, legal clinics

- [MI Works Northeast Consortium](#) serves Northern Michigan
- [MI Works Capital Area](#) serves the Lansing area
- [MI Works Region 7b Consortium](#) serves Arenac, Clare, and Gladwin
- [MI Works Great Lakes Bay](#) serves Bay, Gratiot, Isabella, Midland and Saginaw counties.
- [MI Works Southeast](#) serves Hillsdale and Jackson Counties
- [MI Works GST](#) serves Huron, Tuscola, Sanilac and Shiawassee Counties

Education, Workforce and Job Training

Staffing Agencies

[Elwood Staffing](#)

[WorkBox Staffing](#)

[Express Employment Professionals
Midland](#)

[Staffing Inc](#)

Supportive Agencies

[Peckham](#) **Peckham's Reentry Services** helps people returning from incarceration. They provide a personalized approach with employment preparation, skill building, and goal setting.

[Bay-Arenac ISD](#) Adult & Continuing Education

Michigan Rehabilitative Services

Ask yourself:

- *Do I want to work?*
- *Do I have a mental or physical disability like chronic pain, injuries, diabetes, learning difficulties, anxiety, depression, heart problems, epilepsy, or substance use?*
- *Does your disability make it hard to get ready for work, find a job, move up at work, or keep a job?*

If you answered **yes** to any of these questions, contact your local [MRS](#) office. You might qualify for help with employment.

Personalized Support Services

Women and Children

[Women's Center of Greater Lansing](#)

[Mid-State Provider Network](#) options for
mental health and substance use
treatment for women and children

[Bay-Area Women's Center](#) offers safe
shelter and support

[Michigan Domestic Violence Hotline](#) call

1-866-VOICEDV or 1-877-861-0222

Personalized Support Services

Veterans

If you have ever served in the military, support available, no matter how long you served or your discharge status. To learn more about local resources, contact our [Veteran Navigator](#), Tammy Foster, at 517-483-2742

LGBTQ+

[Great Lakes Bay Pride](#) serves Bay, Isabella, Midland, and Saginaw counties

[Transgender Michigan](#)

[Equality Michigan](#)