

Your Guide to Community Veteran Resources

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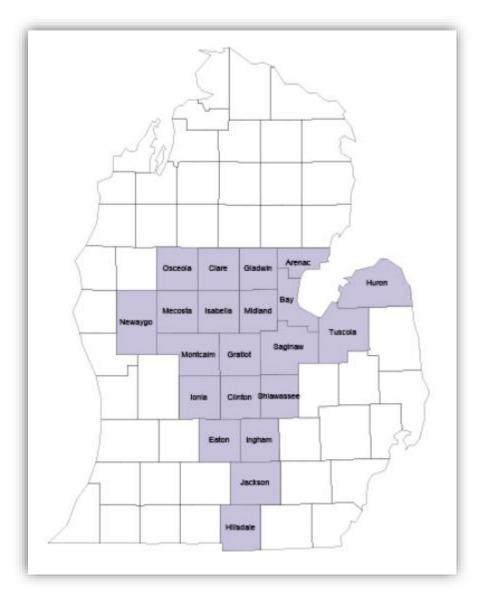
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MID-STATE HEALTH NETWORK

MSHN Mid-State Health Network

The mission of Mid-State Health Network is to ensure access to high-quality, locally-delivered, effective and accountable public behavioral health and substance use disorder services provided by its participating members in the 21 counties of Region 5.





Mid-State Health Network is committed to ensuring that our veterans, service members, and military families gain increased awareness and access to behavioral health and SUD services through cultural sensitivity and support services provided by our Veteran Navigator.

If you have identified a client who has served in the military or is a family member of someone who has served, please contact our Veteran Navigator at

michael.scott@midstatehealthnetwork.org or call 517-483-2742.

MID-STATE HEALTH NETWORK



VETERAN NAVIGATOR

Michael J. Scott, MHRLR U.S. Army (9 years) (517) 483-2742

michael.scott@midstatehealthnetwork.org

The Veteran Navigator at MSHN has a vast network of service providers, government agencies, veteran organizations, and community partners that have additional resources and support that may be available to veterans in your area. The goal of the Veteran Navigator is to be a resource for providers and to serve as a key support for the veterans, service members, and military families in our region. Through this support the Veteran Navigator aims to increase outreach and access for of our military families and those who have served while improving overall quality of life.

It takes COURAGE to answer the nation's call!











As Veterans, we are taught to be resilient, self-sacrificing, and to put the needs of others before our own. Many grateful people often thank us for our service, but fellow Veterans understand how difficult the transition from military to civilian life can be.

The stress of my first deployment left me feeling very isolated. I was struggling to find meaningful employment, and I was having a difficult time readjusting to civilian life. I felt like I did not fit in, I was angry, I was not living the life that I had envisioned for myself, and I certainly did not feel like a hero.

It was a fellow veteran that took an interest in me and helped me to change the path I was on, to become the husband and the father that I wanted to be, and to live my personal values so that I could feel the pride that I once felt when I was in uniform.

COURAGE is "the ability to do something that frightens you". I personally understand how difficult it is to admit that you are struggling and to ask for help. I made a pledge a long time ago to never leave anyone behind; please call me if you need to talk to someone who understands what you are going through.







VETERAN BENEFITS

ARENAC

MILITARY ORDER OF THE PURPLE HEART

Seth Janisse, Veteran Service Officer

Phone: 989-846-2111

Email: Sandra.malac@va.gov

BAY

COUNTY VETERANS SERVICE OFFICER

Mark Kaczmarek Phone: 989-895-4190

Email: kaczmarekm@baycounty.net

CLARE

COUNTY VETERANS SERVICE OFFICER

Renee Haley, Accredited, Director

Phone: 989-539-3273 Email: haleyr@clareco.net

CLINTON

COUNTY VETERANS SERVICE OFFICER

Natrenah Blackstock, Accredited, Director

Phone: 517-887-4395

Email: nblackstock@ingham.org

EATON

COUNTY VETERANS SERVICE OFFICER

John Taylor, Accredited Phone: 517-887-4386 Email: taylorj@ingham.org

GLADWIN

VETERANS AFFAIRS OFFICE

Director

Phone: 989-426-4891

Email: vadirector@gladwincounty-mi.gov

GRATIOT

COUNTY VETERANS SERVICE OFFICER

Rodolfo Diaz-Pons, Accredited, Director

Phone: 989-875-5258

Email: veterans@gratiotmi.com

HILLSDALE

COUNTY VETERANS SERVICE OFFICER

Renae Shircliff, Accredited, Director

Phone: 517-437-3630 Email: rls1265@yahoo.com Navigating veteran benefits can be confusing and frustrating. Accredited representatives have undergone formal training processes and are recognized by VA as being capable of assisting claimants with their affairs. Most accredited representatives work for veteran service organizations (VSOs).

HURON

COUNTY VETERANS SERVICE OFFICER

Stephen R. Young, Accredited, Director

Phone: 989-269-8911

Email: youngs@co.huron.mi.us

INGHAM

COUNTY VETERANS SERVICE OFFICER

Amy Pocan, Accredited Phone: 517-887-4387

Email: va_pocan@ingham.org

IONIA

COUNTY VETERANS SERVICE OFFICE

Thomas Kaiser, Accredited Phone: 616-775-1002

ISABELLA

COUNTY VETERANS SERVICE OFFICER

Ian Welch, Accredited, Director

Phone: 989-317-4093

Email: veterans@isabellacounty.org

JACKSON

COUNTY VETERANS SERVICE OFFICER

David Welihan, Accredited Phone: 517-788-4425

Email: dwelihan@co.jackson.mi.us

MECOSTA

COUNTY VETERANS SERVICE OFFICER

Paul MacKersie Phone: 231-592-0124

Email: veterans@co.mecosta.mi.us

MIDLAND

COUNTY VETERANS SERVICE OFFICER

Ross Ahlich, Accredited Phone: 989-832-6843

Email: rahlich@co.midland.mi.us

VETERAN BENEFITS

MONTCALM

COUNTY VETERANS SERVICE OFFICER

Michael Blouch, Accredited Phone: 989-831-7437

Email: mblouch@montcalm.us

OSCEOLA

COUNTY VETERANS SERVICE OFFICER

Wayne Stevens, Accredited Phone: 231-791-7082

Email: veteransservices@osceolacountymi.com

SHIAWASSEE

COUNTY VETERANS SERVICE OFFICER

Martha Wilber, Accredited Phone: 989-743-2637

Email: mwilber@shiawassee.net

NEWAYGO

COUNTY VETERANS SERVICE OFFICER

Steven Cain, Accredited

Phone: 231-689-7218 Ext. 7030 Email: stevec@co.newaygo.mi.us

SAGINAW

AMERICAN LEGION

Tommy Simpkins, Veterans Service Officer

Phone: 989-497-2500, ext. 13387

Email: al.vbadet@va.gov

TUSCOLA

COUNTY VETERANS SERVICE OFFICER

Ana Farris, Accredited Phone: 989-673-8148 Email: afarris@tchd.us

STATEWIDE RESOURCES AND ACCESS TO VETERAN BENEFITS CAN ALSO BE FOUND AT



222 North Washington Square, 5th Floor Lansing, MI 48933 Phone: 800-MICH-VET (800-642-4838)

MVAA - VETERANS SERVICE OFFICER

Cynthia Engler, Accredited Email: englerc@michigan.gov

HOUSING / FINANCIAL SERVICES

Go to http://www.usacaresmichigan.org/



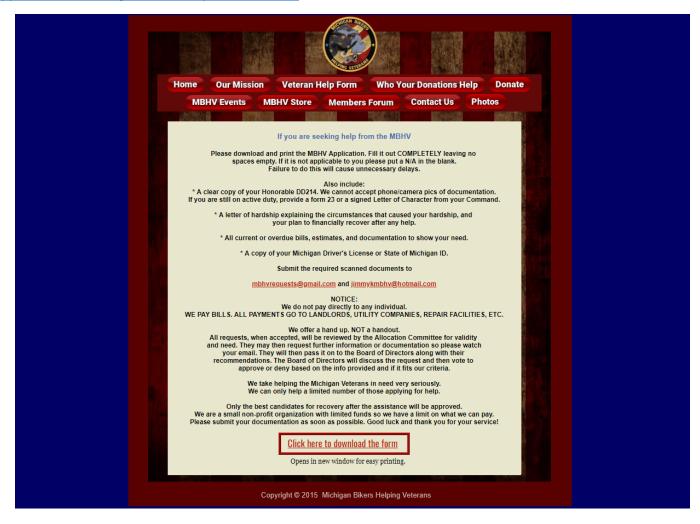
http://www.usacaresmichigan.org/ offers multiple financial services for Veterans in treatment for PTSD or TBI, finding employment, and emergency financial services for service members who sustain a significant reduction in pay because of their service.

Contact information is USA Cares Michigan P.O. Box #551 Royal Oak, MI 48068

PHONE: 248-270-8398

E-MAIL: usacaresmi@gmail.com

Go to http://www.supportmiveterans.org/Veteran-Request-Form.html



Michigan Bikers Helping Veterans provides veterans assistance with paying bills. The veteran must have a DD 214 or a service member must be on active duty.

Contact is made by filling out the form online at http://www.supportmiveterans.org/Veteran-Request-Form.html

Go to http://ttiinc.org/



Training and Treatment Innovations provides housing assistance for homeless veterans. Veterans and military families in danger of losing housing may qualify for up to \$1,500 in general housing stability assistance. Emergency housing assistance is available for families with children under 18. This program is most active in Hillsdale, Jackson, and Saginaw counties within Region 5 (other areas are serviced based on available funding).

HOUSING / FINANCIAL SERVICES

5. EAST CENTRAL MICHIGAN REGION

7. SOUTH CENTRAL MICHIGAN REGION

8. SOUTHWEST MICHIGAN REGION

STEPHANIE OLES Email: oless@michigan.gov Office: 517-241-8591

4. WEST MICHIGAN REGION

9. SOUTHEAST MICHIGAN REGION

NICOLE SCHALOW

Email: schalown@michigan.gov Office: 517-335-1852

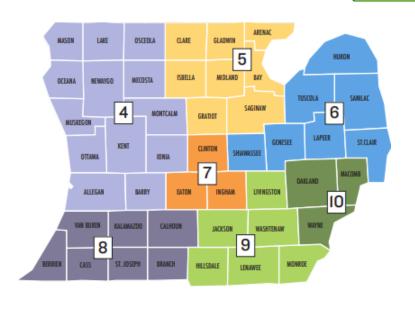
6. EAST MICHIGAN REGION

10. DETROIT METRO REGION

MICHELLE EDWARDS

Email: edwardsm6@michigan.gov

Office: 517-241-1156



Becky Search
Michigan State Housing Development Authority
Campaign to End Homelessness Coordinator
Email: searchb@michigan.gov
Office: 517-335-4722

There are a multitude of resources to help veterans and families that are looking for housing, struggling to pay their bills, facing eviction, or in need of emergency assistance. Veterans eligible for VA benefits should contact their local VSO (pg. 2-3). MSHDA also has Homeless Assistance Specialists who are listed to the left. Michigan 2-1-1 is another great resource for finding programs that provide assistance and temporary housing. Dial 211 or go to

http://www.mi211.org/housing-and-homelessness/homeless-services



VETERAN EMPLOYMENT





Veteran Employment Specialists from Michigan's Talent Investment Agency are located at many regional Michigan Works locations and work directly with organizations who are seeking to hire veterans. This is a great resource for veterans who are seeking employment.

City	MWorks Representative	Title	Address	Phone Number	Email
Adrian	Michael Albig Jr.	Veterans Career Advisor	1040 S Winter Street Suite 1014	517-266-5600	albigm@michigan.gov
				Extension 63232	
Battle Creek	Maurilio Arellano	Veterans Career Advisor	200 W Van Buren Street	269-660-1425	arellanol@michigan.gov
Cadillac	Dale Ginzel	Veterans Career Advisor	401 N Lake St #700	231-876-1614	ginzeld@michigan.gov
Flint	Rayetta Wyatt	Veterans Career Advisor	711 N Saginaw Street Suite 112	810-235-8904	wyattr1@michigan.gov
Grand Rapids	James Grose	Veterans Employment	215 Straight Avenue NW	517-582-1382	grosej1@michigan.gov
		Representative			
Lansing	Michael West	Veterans Career Advisor	2110 S Cedar Street	517-492-5567	westm@michigan.gov
Lapeer	Ingrid Gagnon	Veterans Career Advisor	550 Lake Drive	810-664-1680	gagnoni@michigan.gov
				Extension 622	
Mt. Pleasant	Deborah Hardeman	Veterans Career Advisor	5889 E Broadway	989-772-5304	hardemand@michigan.gov
				Extension 111	
Muskegon	Chad Wilson	Veterans Career Advisor	316 Morris Avenue	231-332-3955	wilsonc18@michigan.gov
Saginaw	David Jackson	Veterans Career Advisor	312 E Genesee Avenue	989-752-3145	jacksond8@michigan.gov
				Extension 149	

PEER 2 PEER / FAMILY SUPPORT

Go to http://m-span.org/our-programs/



DEPRESSION CENTER

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Our Programs











Buddy-to-Buddy Program

Outreach, support, and linkage to resources for service members and veterans Peer Advisors for Veteran Education (PAVE)

Outreach, peer support, and linkage to resources for student veterans returning to college on the Post 9-11 GI Bill



Parenting skills and support for military and veteran families with young children

HomeFront Strong

Resiliency and positive coping skills for military and veteran spouses and partners After Her Service

Resiliency skills and professional development for Post-9/11 female veterans

2025 Traverwood Dr, Suite C • Ann Arbor, MI 48105 m-spanprograms@umich.edu

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Military Support Programs and Networks (MSPAN) has 5 programs to help veterans, service members, and military families. Programs like Buddy to Buddy and After Her Service are designed to provide peer support for veterans and service members, adjusting to life after service, and finding available resources. Peer Advisors for Veteran Education (PAVE) can provide support and help veterans and service members navigate education benefits when they decide to enroll in a college, university, or technical program.

Strong Military Families is designed to support families of veterans and service members with young children. Home Front Strong is designed to promote resiliency and coping skills for spouses and partners (including unmarried or same sex couples) of veterans and service members.

Go to https://operationhorsesandheroes.squarespace.com/

2018 PROGRAMS

Operation Horses and Heroes, Inc. Equine Resiliency Programs



Equine Assisted Psychotherapy
(EAP) incorporates horses
experientially and used as tools for
mental and behavioral health therapy
and personal growth. Because it is
experiential in nature, each person
who goes thru the program takes
away something different.

Operation Horses and Heroes provides a 1-day intensive equine therapy session designed for service members, veterans, and military families who are seeking an alternative to traditional therapies or support groups. Contact is made through the website portal https://operationhorsesandheroes.squarespace.com/contact/

PEER 2 PEER / FAMILY SUPPORT

VA offers several peer support programs, as well as, a few family support programs. To access these programs, veterans and service members must be eligible for VA benefits. Veterans, service members, or family members should speak to a VSO (pg. 2-3) to see if they are eligible.

The Michigan National Guard Family Assistance Center is a great resource that provides information, referrals, outreach, and support services to service members, military families, and veterans regardless of military branch of service.



FAMILY ASSISTANCE CENTERS

Belinda Ireland, Family Assistance Centers Coordinator

3423 N. Martin Luther King JR. Blvd, Building 31, Lansing, MI 48906 Office: (517) 481-9889 Fax: (517) 481-9886 Cell: (517) 974-8844 belinda.r.ireland.ctr@mail.mil

COUNTY	POINT OF CONTACT	LOCATION	
Arenac, Bay, Gladwin, Gratiot, Huron, Midland, Saginaw & Tuscola	Melissa Halm melissa.s.halm.ctr@mail.mil	Bay City Armory 2510 Wilder Road Bay City, MI 48706 Office: 517-481-7323 Cell: 989-573-3425	
Clare, Isabella, Mecosta, Newaygo & Osceola	Katie Baxter katie.n.baxter.ctr@mail.mil	Big Rapids Armory 15900 190th Avenue Big Rapids, MI 49307 Office: 231-796-6823 Ext. 4 Cell: 517-898-4144	
Clinton, Eaton & Ionia	Darnell Holmes darnell.l.holmes3.ctr@mail.mil	Grand Ledge Armory 10600 Eaton Highway Grand Ledge, MI 48837 Office: 517-481-8850 Cell: 517-395-0840	
Hillsdale, Ingham, Jackson & Shiawassee	Dawn Lamb dawn.m.lamb2.ctr@mail.mil	Jackson Armory 4850 Cooper Road Jackson, MI 49201 Office: 517-990-1186 Cell: 517-395-0839	
Montcalm	Amy Gould amy.s.gould.ctr@mail.mil	Grand Valley Armory 1200 44th Street SW Wyoming, MI 49509 Office: 616-249-2741 Cell: 616-485-8966	





https://www.midstatehealthnetwork.org/