

Meeting Date: April 14, 2023

RCAC/MSHN Attendees:

20 members attended online, K. Zimmerman (MSHN), K. Hart (MSHN), and D. Dedloff (MSHN)

KEY DISCUSSION TOPICS

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| <ul style="list-style-type: none"> • Welcome & Introductions • Review and approve February 10, 2023 meeting snapshot <ul style="list-style-type: none"> ○ Follow-up agenda items • Approval of current agenda • Draft 2024/2025 MSHN Strategic Plan Review • Presentation - HCBS Rule Updates • MSHN Informational Items: <ul style="list-style-type: none"> ○ Customer Service Quarterly Reports | <ul style="list-style-type: none"> • In-person RCAC Meeting Update • CMHSP Local Updates • Other Business • Adjourn |
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✓ **KEY DECISIONS**

- ✓ Welcome & Introductions
 - The ongoing reminder regarding meeting participation etiquette was provided to assist members in having a smooth and courteous meeting.
- ✓ The Regional Consumer Advisory Council (RCAC) meeting snapshot for February 10, 2023 was approved.
 - Follow-up agenda items: None
- ✓ The current agenda was reviewed and approved.
- ✓ Kim Zimmerman [MSHN] completed the review of the draft 2024/2025 MSHN Strategic Plan. Members previously provided feedback on strengths, weaknesses, opportunities, threats, and assumptions. The strategic goals for Better Health, Better Care, Better Value, Better Provider System, and Better Equity were reviewed. A member asked about the steps to achieving the goals, and Ms. Zimmerman spoke about the objectives as steps to reach the goals. Member feedback will be incorporated as the 2024/2025 Strategic Plan is finalized.
- ✓ Kara Hart [MSHN] presented on Home and Community Based Services (HCBS) Rule Updates. Ms. Hart spoke about updates to the HCBS Rule. She highlighted the freedom of choice and opportunities which HCBS requires. As of March 17, 2023, adult foster care (AFC) providers must comply with the HCBS rule to receive Medicaid funding for HCBS services. Compliance is determined through a survey process in which providers and individuals receiving HCBS services are asked a series of Yes/No questions. If the provider does not complete the survey, their HCBS funding will be suspended. For any items which are answered in such a way as to disclose a lack of HCBS compliance, MSHN staff will work with the provider to address the out-of-compliance item. Additionally, newly licensed or newly contracted with the CMH AFC location must be reviewed to receive provisional approval to provide HCBS services. Some individuals require a setting with restrictions, but the setting and the specific restrictions must be reviewed and approved by a behavior treatment committee for the individual to reside within the setting. MSHN completes ongoing monitoring to make sure each location continues in compliance or is working to address any area(s) which need improvement to be in compliance. Members asked questions and discussed AFC restrictions.
- ✓ MSHN Informational Items:
 - Dan Dedloff [MSHN] reviewed Customer Service Quarterly Reports. He reviewed the FY23 Q1 MDHHS Appeal and Grievance Report and the FY22 Fair Hearings Report. For the MDHHS Appeal & Grievance data reporting for FY23 Q1, Mr. Dedloff reviewed the results and noted that no significant trends requiring intervention occurred. The quarterly MDHHS Appeal and Grievance data is reviewed during the MSHN Customer Service Committee (CSC) to identify trends and areas requiring intervention. The FY22 Fair Hearing report showed that four hearings were requested, and all hearings were held. The results were that two were decided in favor of the consumer, and two were in favor of the CMHSP. FY22 showed a continued downward trend in Fair Hearings being requested.
- ✓ Dan Dedloff [MSHN] reviewed the in-person RCAC meeting location options. The Right Door in Ionia and Gratiot Integrated Health Network (GIHN) in Alma offered to host the RCAC for in-person meetings. Members discussed the pros and cons of the locations and voted to utilize GIHN. Mr. Dedloff will ask members to identify if they plan to attend the meeting in person. Members discussed and agreed that the meeting should be held virtually if fewer than eight members planned to be in person.

	<ul style="list-style-type: none"> ✓ CMHSP Local Updates <ul style="list-style-type: none"> ○ Bay-Arenac Behavioral Health <ul style="list-style-type: none"> ▪ The staff liaison reported that at their last CAC meeting, members learned about Community Living Support services, reviewed the BABH Strategic Plan, noted that Medicaid has begun redeterminations and to be on the lookout for the paperwork, that the Supports Intensity Scale (SIS) has been discontinued, reviewed “no show” data for feedback, and reviewed a couple of BABH policies for CAC member feedback. ○ CMH for Central MI <ul style="list-style-type: none"> ▪ Member reported that the New Journey Clubhouse is having a local Walk-a-Mile in June. Member noted that September 15th is the Walk-a-Mile in Lansing. ○ CMHA of C-E-I <ul style="list-style-type: none"> ▪ None ○ Gratiot Integrated Health Network <ul style="list-style-type: none"> ▪ Member reported that GIHN is hosting a suicide prevention training, a book swap is scheduled for April 20th, on May 17th will be their second Annual Wellness Walk, and a Concert in the Park is scheduled for June 5th. ○ Huron Behavioral Health <ul style="list-style-type: none"> ▪ Member reported that their district representative, Gregory Alexander, toured HBH, and a new RCAC member will be starting. ○ The Right Door <ul style="list-style-type: none"> ▪ Member reported that The Right Door has a new certified Peer Support Specialist, wellness groups are happening, and another Drab to Fab with a giveaway is being held May 4th. ○ LifeWays Community Mental Health <ul style="list-style-type: none"> ▪ None ○ Montcalm Care Network (MCN) <ul style="list-style-type: none"> ▪ Staff liaison reported that a Race to End Stigma is being held on May 5th on the Heartland Trail and a Family Fun Day is scheduled for May 6th. ○ Newaygo County Mental Health <ul style="list-style-type: none"> ▪ Member reported that their CAC has started to meet again, and it was a good turnout, with many members wanting to participate. The Behavioral Health Home begins next month. ○ Saginaw County CMHA <ul style="list-style-type: none"> ▪ None ○ Shiawassee Health and Wellness <ul style="list-style-type: none"> ▪ Member reported that on May 21st a Triathlon is scheduled. Their drop-in center is holding a summer Solstice event with a cookout and an open house at the center. Plans are underway for Walk-a-Mile, and a t-shirt design contest was held in preparation for the event. ○ Tuscola Behavioral Health Systems <ul style="list-style-type: none"> ▪ None ✓ Other Business: None ✓ Adjourned
<ul style="list-style-type: none"> ✓ ACTION/INPUT REQUIRED 	<ul style="list-style-type: none"> • Members will be requested to respond via email if they plan to attend in person for the June RCAC meeting.
<ul style="list-style-type: none"> ✓ KEY DATA POINTS/DATES 	<ul style="list-style-type: none"> • Next meeting scheduled for June 09, 2023, 12:30-3:00 pm with an in-person option at Gratiot Integrated Health Network.