

SUD Outpatient Treatment Providers: Planning to Reopen

Every day, new information is released regarding how best to navigate the coronavirus pandemic. This includes how to safely reopen Michigan businesses and services and best practices for COVID-19 mitigation. There is no “one size fits all” approach to reopening, and protocols will differ based on locally specific variables (e.g. population concentration, building size, interior space arrangements, etc.). Risk assessments and protocols associated with reopening should be developed prior to a resumption of office-based services.

To assess reopening risks and develop protocols, Substance Use Disorder (SUD) treatment providers should consult with their local health departments, healthcare professionals, MSHN liaisons, and MDHHS guidance to determine a plan that best fits to reopen in a manner and at a time that is safe for agency staff and persons served. The CDC regularly issues guidance as well, most recently [here](#) on May 28, 2020. This includes updated recommendations for employers responding to COVID-19 and those seeking to resume business operations. The CDC states that “resuming normal or phased activities presents an opportunity to update your COVID-19 preparedness, response, and control plans. All employers should implement a plan that is specific to your workplace, identifies all areas and job tasks with potential exposures to COVID-19, and includes control measures to eliminate or reduce exposures. Providers can also reference the OSHA COVID-19 guidance [here](#) for more information on how to protect workers from potential exposures. Provider plans should include activities to prevent and reduce transmission among employees, maintain healthy business operations, and maintain a healthy work environment. Among these are:

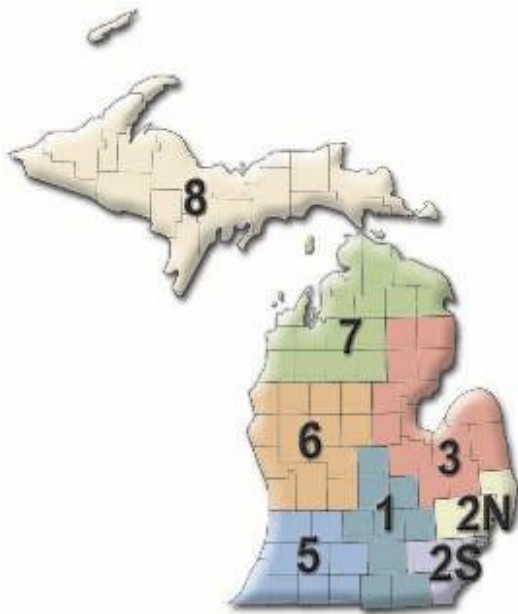
Environmental Controls:

1. Conduct a hazard assessment of the workplace, identifying high touch areas, places where crowding could occur, etc.
2. Make adjustments to accommodate social distancing (e.g. chairs spread 6 feet apart, protective glass or plexiglass dividers, limit the # of people in the lobby or office at any given time, consider clients staying in their cars until ready to be seen and then calling/texting them to come in when ready to start their appointment, etc.;
3. Post visible signs and social distancing directions in public areas;
4. When possible, move activities to outdoor settings, try to increase circulation indoors with open windows, and/or consider upgrading building ventilation systems;
5. Implement sanitary protocols, provide hand sanitizer in multiple locations and do frequent “wipe downs” of high touch areas;

Staff & Client Behavioral Controls:

1. Talk with your employees about planned changes, seek their input, and collaborate with them to effectively stay up to date on important COVID-19 information.
2. Implement and enforce policies and practices for social distancing in the workplace;
3. Conduct daily health checks of all employees and clients before they enter the building;
4. Remind employees and clients that they can [spread COVID-19](#) even if they do not have symptoms;
5. Identify staff and clients who are at elevated-risk and use extra precautions with them;
6. Encourage employees to wear face masks in the workplace, if possible;
7. Have end-of-day internal debriefs to identify successes, challenges and problem-solve (once a routine is established, debriefs can move to weekly);
8. Do contact tracing if someone who was in the office tests positive (i.e., Identify who the person had contact with and reach out to let those identified know they’ve been exposed and should quarantine.);
9. If someone who was in the office tests positive, immediately notify your local public health department.

MDHHS has divided Michigan into [Regional Healthcare Coalitions](#), as organized by the Michigan Emergency Preparedness Regions. MSHN's 21 counties fall into Regions 1, 3 and 6. They may be able to assist as well.



Region 1 – Clinton, Eaton, Gratiot, Hillsdale, Ingham, Jackson, Lenawee, Livingston and Shiawassee counties. **Region 2S** – City of Detroit and Monroe, Washtenaw and Wayne counties.

Region 2N - Macomb, Oakland and St. Clair counties.

Region 3 - Saginaw, Alcona, Iosco, Ogemaw, Arenac, Gladwin, Midland, Bay, Genesee, Tuscola, Lapeer, Sanilac and Huron counties.

Region 5 - Allegan, Barry, Calhoun, Branch, St. Joseph, Cass, Berrien, Van Buren and Kalamazoo counties.

Region 6 - Clare, Ionia, Isabella, Kent, Lake, Mason, Mecosta, Montcalm, Muskegon, Newaygo, Oceana, Osceola and Ottawa counties.

Region 7 - Manistee, Wexford, Missaukee, Roscommon, Benzie, Leelanau, Grand Traverse, Kalkaska, Crawford, Oscoda, Antrim, Otsego, Montmorency, Alpena, Presque Ilse, Cheboygan, Emmet and Charlevoix counties.

Region 8 - Chippewa, Mackinac, Luce, Schoolcraft, Delta, Alger, Marquette, Dickinson, Menominee, Baraga, Iron, Gogebic, Ontonagon, Houghton and Keweenaw counties.

Region 1

705 Barclay Circle, Suite 140
Rochester Hills, MI 48307
Office: 248-759-4748
Fax: 248-759-4751
Email: rdrummer@region2north.com
www.d1rmrc.org

Region 3

1575 Concentric Boulevard
Saginaw, MI 48604
Office: 989-746-7757
Fax: 989-746-7767
Email: rob.kelly@cmich.edu
www.Region3HCC.org

Region 6

1675 Leahy Street, Suite 308B
Muskegon, MI 49442
Office: 231-728-1967
Fax: 269-337-6
Email:
Richard.Winters@med.wmich.edu
www.5dmrc.org

Contact Information for Healthcare Professionals:
MDHHS Communicable Disease/Immunization Office: 517-335-8165