



Region 5 - Regional Medical Directors Meeting

Friday, March 20, 2026, 1:00pm-3:00pm

Meeting Materials: [03-20-2026 Regional Medical Director's Meeting | Powered by Box](#)

Zoom Link: <https://us02web.zoom.us/j/82291897541?pwd=SnN3ZGs1RXpyRkg1Ynl3Mms0Q3hKQT09>

FY 2026 Meeting Calendar

November 21, 2025
May 15, 2026

January 16, 2026
July 17, 2026

March 20, 2026
September 17, 2026

Attendees:

MSHN: Dr. Zakia Alavi, Dr. Todd Lewicki, Skye Pletcher
Bay: Dr. Roderick Smith
CEI: Dr. Stanley (out)
Central: Dr. Janssen (out)
Gratiot: Dr. Rangwani
Huron: Dr. Jason Meints
Lifeways: Dr. Drumm (out)
Montcalm: Dr. Brian Smith, Melissa MacLaren (out)
Newaygo: Dr. Baker
Saginaw: Dr. Ibrahim, Jen Kreiner
Shiawassee: Dr. Hashimoto (out)
Right Door: Dr. Sanchez
Tuscola: Dr. Movva

Guests:

KEY DISCUSSION TOPICS

1. Welcome & Roll Call/New Member
2. Review and Approve January minutes, Additions to Agenda. FY26 meeting dates above
3. Announcements (as appropriate)
4. Procurement Update
5. Credentialing Follow-Up
6. Transcranial Magnetic Stimulation (Jen K.)
7. SUD Short-Term Residential and Medication Management (Jen K.)
8. Youth Crisis Residential
9. Michigan Expedited Medical Compact Licenses
10. Roundtable

Distribution list updates to be requested.

Parking Lot:

1. Justice Department Launches Disability Rights Investigation into Unnecessary Institutionalization in Michigan's State Psychiatric Hospitals-recent article [Office of Public Affairs | Justice Department Launches Disability Rights Investigation into Unnecessary Institutionalization in Michigan's State Psychiatric Hospitals | United States Department of Justice](#)

Agenda Item	Action Required				
3- Announcements					
		By Who		By When	
4-MDHHS Procurement Ruling	MDHHS has filed a motion for summary disposition of the cases Judge Yates ruled on in January that resulted in the state rescinding the RFP. MDHHS contends that since there is no longer an RFP, there is no case. This is scheduled to be heard on Monday, April 13, 2026. The PIHPs that had not signed the FY24 contract also have a hearing to dismiss their case, on Thursday, April 9, 2026.				
	No action needed; MSHN will continue to provide updates as more information is learned.	By Who	N/A	By When	N/A
5- Credentialing Follow-Up	Tracking whether there is any additional conversation to clarify the process. CMHCM (Dr. Janssen) raised questions via email about the role of the CMHSP medical director in credentialing professional staff and provider organizations. MSHN provided the regional Credentialing - Individual Practitioner Procedure which provides an option for “clean” credentialing files to be reviewed and signed by the agency medical director in lieu of being reviewed by a full credentialing committee. The regional procedure provides flexibilities for CMHSPs to determine their local process/procedure. Discussion in the meeting about the different roles of credentialing vs peer review which serve very different purposes.				
	Will carry discussion forward to May 2026 RMD Committee meeting when Dr. Janssen is present for the discussion.	By Who	All	By When	May 2026
6- Transcranial Magnetic Stimulation (TMS)	In the past, TMS had not been considered a viable treatment, but it has since been studied and strongly supported in scientific literature as an evidence-based practice, especially for major depressive disorder. What is the opinion of the medical directors? It is not a covered service under the Medicaid behavioral health benefit, but many Medicaid health plans likely now cover it. TMS is not included in the Medicaid Provider Manual; previous inquiries to Medicaid Health Plans indicated that they were not covering it as a medical benefit.				
	No additional follow up needed at this time	By Who	N/A	By When	N/A
7- SUD Short-Term Residential and Medication Management	There is difficulty with how to manage medications for patients in short-term residential SUD, like DOT, because they tell us they no longer have a provider to prescribe but we understand it they should as part of their program because we can't bill for an outpatient visit while a patient is admitted to a facility and our providers can't manage their meds there because they are not privileged at their facility. I would like to hear how others are handling these situations. Discussion occurred in meeting that facilities designated as ASAM 3.7 should have the ability to manage psychiatric medications onsite. Most SUD residential programs in MSHN provider network are designated as ASAM 3.5 which does not require onsite psychiatric services. It is allowable for outpatient E&M codes to occur on the same day as a SUD residential per diem code. MSHN is happy to work with any CMHSPs to assist with questions related to how encounters should be submitted for these				

	services.				
	Please contact skye.pletcher@midstatehealthnetwork if additional technical assistance is needed	By Who	All	By When	As needed
8-Youth Crisis Residential	Youth crisis residential is an area of need in the MSHN region. Looking to get input on directions to go with filling this need. There is at least one youth crisis residential program in Michigan, Safehaus in Warren, MI, which has three homes. There is significant support from the RMD Committee to pursue additional capacity for youth crisis residential in the region. A question was raised about if CEI CMH is currently in the planning stages for a youth crisis residential or a youth crisis stabilization unit. Todd will reach out to Dr. Stanley to clarify as she was unable to attend today's meeting. The question was raised regarding rates of hospitalization for children/youth throughout the region to help quantify the need for a continuum of crisis services and alternatives to hospitalization.				
	Todd and Skye will bring regional utilization data to the May RMD meeting to inform the discussion.	By Who	Todd/Skye	By When	May 2026
9- Michigan Expedited Medical Compact Licenses	Physicians will not be able to renew Michigan Expedited Medical Compact after March 28, 2026. Physicians who hold a Michigan Expedited Medical Compact license will be able to continue to practice under the license through March 28, 2026. After this, the license will no longer be valid, including any related Michigan Controlled Substance license. Physicians who hold an MEMCL and wish to continue to practice in Michigan after this date may apply for an MD or DO license in the state of Michigan.				
	<u>Michigan legislature passes bill allowing out-of-state doctors to continue practicing.</u> An update this morning appears to confirm that the bill was passed to keep the compact. It is on Governor Whitmer's desk for signature.	By Who	N/A	By When	N/A
10-Roundtable					
	N/A - no additional topics were raised.	By Who	N/A	By When	N/A