

Council, Committee or Workgroup Meeting Snapshot
Meeting: Regional Consumer Advisory Council

<p>Meeting Date: April 9, 2021</p> <p>RCAC/MSHN Attendees: 15 members attended online, K. Zimmerman (MSHN), and D. Dedloff (MSHN)</p>	<p>KEY DISCUSSION TOPICS</p> <ul style="list-style-type: none"> Welcome & Introductions Review and approve February 12, 2021 meeting snapshot <ul style="list-style-type: none"> Follow-up agenda items Approval of current agenda 2022-2023 MSHN Strategic Plan MSHN Informational Items: <ul style="list-style-type: none"> Annual Compliance Summary Report Local Consumer Advisory Council Engagement Discussion Veteran: Homelessness and Mental Health Support CMHSP Local Updates Other Business Next Meeting Agenda Suggestions Adjourn
<p>✓ KEY DECISIONS</p>	<ul style="list-style-type: none"> ✓ Welcome & Introductions ✓ The RCAC meeting snapshot from February 12, 2021 was approved. <ul style="list-style-type: none"> Follow-up agenda items: None ✓ The current agenda was approved. ✓ Kim Zimmerman (MSHN) presented the 2022-2023 MSHN Strategic Plan. RCAC members provided feedback during the presentation and were asked to send any additional feedback via email. ✓ MSHN Informational Items: <ul style="list-style-type: none"> Kim Zimmerman reviewed the MSHN FY2020 Annual Compliance Summary Report. ✓ Dan Dedloff (MSHN) led a discussion on improving local Consumer Advisory Council (CAC) engagement. During the pandemic, the lack of face-to-face meetings, meal/food incentives being absent, and the transition to an online format has created barriers for CAC member engagement. An effective strategy to find new members is to network with local case managers to have them speak with consumers about joining the CAC. ✓ The member from LifeWays spoke about the SAMHSA SOAR program (https://www.samhsa.gov/soar) which focuses upon veteran homelessness and mental health support. The online trainings and resources were reviewed, and members were encouraged to access the useful resources. ✓ CMHSP Local Updates <ul style="list-style-type: none"> Bay-Arenac Behavioral Health – <ul style="list-style-type: none"> Grievance and Appeals data were reviewed during the recent CAC meeting. It was reported that services are going well, and a Genesee County program was mentioned where crisis workers are available for law enforcement via a tablet. CMH for Central MI – No updates CMHA of C-E-I <ul style="list-style-type: none"> Staff liaison reported the annual CMHA of C-E-I community event in March was a success. Member reported that a number of great services are available for consumers. Gratiot Integrated Health Network – No updates Huron Behavioral Health <ul style="list-style-type: none"> The drop-in center is open part-time with COVID precautions in place. The Right Door <ul style="list-style-type: none"> A vaccination clinic will be setup soon at The Right Door. Peers are meeting face-to-face with individuals. A recovery story group will be starting in May. The drop-in center is open three days a week. LifeWays Community Mental Health

	<ul style="list-style-type: none"> ▪ A new 24/7 crisis services center has opened for individuals needing care. The center includes several evaluation rooms, a crisis stabilization area where people can spend up to 23 hours, a five-bed crisis residential unit where people can spend up to 14 days, and a call center. ○ Montcalm Care Network <ul style="list-style-type: none"> ▪ The staff liaison reported that MCN will be a vaccination location soon. ○ Newaygo County Mental Health <ul style="list-style-type: none"> ▪ The staff liaison reported assisting local consumers to attend vaccination clinics and working with the health department for at home consumer vaccinations. Face-to-face services are occurring along with virtual appointments. Plans for a picnic are being explored for individuals to get together outdoors this summer. ○ Saginaw County CMHA <ul style="list-style-type: none"> ▪ Member reported that the available public transportation is free and very helpful. ○ Shiawassee Health and Wellness <ul style="list-style-type: none"> ▪ The local farmers market will be opening soon. Free masks are available at the local library. ○ Tuscola Behavioral Health Systems – No Report <p>✓ Other Business:</p> <ul style="list-style-type: none"> ○ It was noted that Walk A Mile is scheduled for September 29th but the format of virtual or in-person is still being explored. <p>✓ Next Meeting Agenda Suggestions: None</p> <p>✓ Adjourned</p>
✓ ACTION/INPUT REQUIRED	<ul style="list-style-type: none"> • Send any additional feedback via email on the 2022-2023 MSHN Strategic Plan.
✓ KEY DATA POINTS/DATES	<ul style="list-style-type: none"> • Next meeting scheduled for June 11, 2021, 12:30-3:00pm via Zoom online