

## 1 Mid-State Health Network Strategic Planning

**May 11, 2021**

### 2 Introduction and Overview – Day 2

- ▶ Introductions of Facilitators Jason Radmacher and Laura Vredevelde, Principals, TBD Solutions
  - ▶ Role of Facilitators
    - ▶ Keep things moving and running on time
    - ▶ Prompt participation; ask key planning questions and identify areas for further discussion
    - ▶ Scribe for MSHN leadership – keep track of comments and follow-up items
    - ▶ Contribute knowledge based on their consultancy experiences
- ▶ Three board-level strategic planning sessions:
- ▶ Day 2: May 11, 5-7 PM (Record Zoom meeting and make available to all)
  - Introductions and Welcome, Agenda Overview [<5 minutes] (Joe)
  - Previous Meeting Review, Q&A [10 minutes] (Jason/Laura)
  - Strategic Goals for Better Health [60 minutes] (Skye, Forest, Dani)
    - Board discussion [30 minutes]
  - Strategic Goals for Better Equity [45 minutes] (Skye and Dani)
    - Board discussion [25 minutes]
  - Wrap Up and Next Meeting Overview [5 minutes] (Jason/Laura)
- ▶

### 3 Strategic Goals for Better Health

MSHN will improve its population and integrated health activities and will implement a board approved comprehensive integrated care/population health plan. – *REMOVE (New enhanced goal on next slide)*

- ✓ *MSHN will expand the use and adoption of the Regional Electronic Medical Information (REMI) system and other applicable software platforms in use across the region to support improved population health outcomes, coordinated and integrated care activities, effectiveness and efficiency. – OPERATIONALIZED/COMPLETED*
- ✓ *MSHN will work with CMHSPs to MONITOR key indicators, supported by MSHN data analysis, such that these metrics inform both regional and county contractual performance targets, and are value added for decision making at councils, committees and board governance levels at MSHN and at all CMHSPs – OPERATIONALIZED/COMPLETED*
- ✓ *MSHN will implement a board approved integrated care/population health plan in partnership with CMHSP participants and SAPT providers – OPERATIONALIZED/COMPLETED*
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### 4 Strategic Goals for Better Health

MSHN will continue to build upon its history of leadership in the state by collaborating on key population health initiatives that lead to improved health outcomes for beneficiaries. – *NEW (Enhancement of prior goal)*

- Pursue opportunities related to complex care management and physical health integration

at the point of service. – *NEW*

- Develop and implement behavioral health homes, opioid health homes, and certified community behavioral health clinics - *NEW*
- Engage in leadership and advocacy on statewide initiatives such as collaborations with physical health payers, behavioral health redesign, and HCBS systems and processes. - *NEW*

#### 5 **Strategic Goals for Better Health**

MSHN will increase regional use of information technology data systems to support population health management - *NEW*

- MSHN will develop, report and monitor regional measures and metrics that have meaning for better health outcomes for individuals, families and communities and monitor regional performance– *NEW*
- MSHN and its CMHSP partners will use enhanced data reporting to result in a more standardized benefit, access criteria, and utilization management criteria within the region and ensure compliance with federal parity standards- *NEW*

#### 6 **Health Information and Data Initiatives**

- ▶ Robust information systems
  - Highly integrated systems that exchange behavioral health information in region
- ▶ Inter-operable information systems
  - Community based information exchanges
  - Consumers provided access to information
- ▶ Consent management
  - Key to healthcare providers and consumers creating link to information
  - Move beyond internal systems and partner in community consent systems



#### 7 **Strategic Goals for Better Health (SUD Prevention & Community Recovery)**

MSHN will implement evidence-based substance use prevention and community recovery strategies resulting in improved health for all populations served. - *REVISED*

- Reduce youth use of alcohol, marijuana, opioids and tobacco - *NEW*
- Reduce substance use in older adults - *NEW*
- Support community recovery services in the region\* - *NEW*
- Reduce stigma - *REVISED*



#### 8 **Strategic Goals for Better Health (SUD Treatment & Recovery)**

MSHN will increase substance use treatment and recovery services resulting in improved health for all populations served. *REVISED*

- Increase access to Medication Assisted Treatment (MAT), alcohol and stimulant use treatment, Women's Specialty Services, Trauma-Informed Care, Co-Occurring and Jail-Based Services\* – *REVISED*
- Expand penetration rates for adolescents, older adults and veterans/military families – *NEW*
- Support recovery housing\* and individualized peer coaching services – *NEW*
- Reduce stigma - *REVISED*

## 9 Board Discussion

### ▶ Discussion Starters



### ▶ Key Questions

- ▶ Do these goals make sense for MSHN and CMHSPs to pursue?
- ▶ Are there other unmet (or underserved) health needs in our communities not captured here?
- ▶ Do these initiatives make sense and fit this goal?
- ▶ Do you support MSHN facilitating these initiatives?
- ▶ Can we improve or strengthen these initiatives?

## 10 Strategic Goals for Better Equity (Evidence of Disparities)

REGION 5 GAPS            in Followup After            ED Visit for SUD

- ▶ White-Black:        14.2%
- ▶ White-Hispanic:    8.5%
- ▶ White-Am.Indian: 20.4%

## 11 Strategic Goals for Better Equity

MSHN and its regional CMHSP participants and SUD providers ensure all persons have the same opportunities to be healthy, especially if they belong to socially disadvantaged or historically marginalized groups (health equity) – *NEW*

- Increase access to health services for historically marginalized groups by monitoring penetration rate data and developing initiatives around outreach and engagement to underserved individuals and communities- *NEW*
- MSHN will plan and develop a regional Health Equity Advisory Committee- *NEW*

## 12 Strategic Goals for Better Equity

MSHN will ensure there is a strong regional infrastructure for diversity, equity, and inclusion (DEI) throughout all aspects of its work including governance, policy, workforce development, and service delivery– *NEW*

- Conduct organizational self-assessment re: DEI at MSHN –*NEW*
- Increase representation of diverse perspectives to inform policy & practices in prevention, treatment and recovery services – *NEW*
- Develop training to improve cultural competency – *NEW*

- ❑ Expand trauma-informed training to include community-based trauma rooted in racial, ethnic and/or religious historical or current experiences - *NEW*



### 13 ❑ **Strategic Goals for Better Equity**

MSHN will utilize population health data to identify and reduce disparities where they exist in the region – *NEW*

- ❑ Ensure adequate data collection about persons served, health status and needs, social determinants of health (SDOH), and other impactful variables in order to better focus interventions – *NEW*

- ❑ MSHN will use predictive modeling to identify at-risk groups and individuals in order to offer targeted prevention and intervention- *NEW*

### 14 ❑ **Contract Requirements to Address Health Disparities**

FY20 MDHHS contractual requirement to reduce health disparities

- ▶ Follow-up After Hospitalization
  - ▶ 14% Disparity statewide between White/African-American (2019)
- ▶ Follow-Up After ER Visit for Alcohol/Drugs
  - ▶ 20% Disparity statewide between White/African-American (2019)
- ▶ Initiation & Engagement in Treatment
  - ▶ 5.5% Disparity statewide between White/African-American (2019)
- ▶ Medicaid Health Plans required to reduce disparities since 2011

### 15 ❑ **Board Discussion**

- ▶ Discussion Starters
  - ▶ Consumer Advisory Council support for prioritization of health equity initiatives
  - ▶ Recruitment, retention of diverse workforce
  - ▶ Health equity and systemic discrimination can be polarizing issues
  - ▶
- ▶ Key Questions
  - ▶ Are there other strategies to consider around increasing health equity?
  - ▶ How can we ensure inclusive representation of diverse perspectives?
  - ▶ How do we frame equity to engage stakeholders who share the ethic of equality/equity but reject the idea of systemic racism?

### 16 ❑ **Wrap Up and Next Steps**