

Meeting Date: October 8, 2021

RCAC/MSHN Attendees:

13 members attended online, S. Gettel (MSHN) and D. Dedloff (MSHN)

KEY DISCUSSION TOPICS

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| <ul style="list-style-type: none"> • Welcome & Introductions • Review and approve August 13, 2021 meeting snapshot <ul style="list-style-type: none"> ○ Follow-up agenda items • Approval of current agenda • MSHN Strategic Plan for 2022-2023 • MSHN Informational Items: <ul style="list-style-type: none"> ○ Quarterly Quality Improvement updates | <ul style="list-style-type: none"> • FY21 Consumer Advisory Council Annual QAPIP Report • 2021 Walk-a-Mile Reaction • Public Behavioral Health System Redesign Update • Vice-Chairperson Election • CMHSP Local Updates • Other Business • Adjourn |
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✓ **KEY DECISIONS**

- ✓ Welcome & Introductions
- ✓ The RCAC meeting snapshot from August 13, 2021 was approved.
 - Follow-up agenda items: None
- ✓ The current agenda was approved.
- ✓ Joe Sedlock, MSHN Chief Executive Officer, reviewed the Mid-State Health Network Strategic Plan for 2022-2023. He highlighted five strategic priorities of the plan as 1) Better Health, 2) Better Care, 3) Better Provider Systems, 4) Better Value, and the newly added 5) Better Equity. He spoke of identified threats as being 1) Legislative and MDHHS system reform/redesign, 2) State budget shortfalls, and 3) Behavior Health workforce shortages. Strategic goals for the strategic priorities were discussed and members shared feedback regarding the identified goals. The full strategic plan is available at midstatehealthnetwork.org.
- ✓ MSHN Informational Items:
 - Sandy Gettel (MSHN) presented the Quarterly Quality Improvement updates for review and discussion. She reviewed the results of the Recovery Self-Assessment and Consumer Satisfaction Surveys.
 - The Recovery Self-Assessment (RSA) was administered via Survey Monkey to Administrators and Providers in May and June of 2021. 426 Providers and 123 Administrators completed the survey. The combined Comprehensive Score for all questions was 4.24; a score above 3.5 indicated satisfaction. Members provided feedback on the RSA results.
 - The Consumer Satisfaction Survey results for substance use disorder (SUD) consumers was reviewed. A total of 2140 surveys were returned this year from 39 treatment providers. A score above 3.5 represents satisfaction and the overall survey score was 4.61. The survey results showed an improvement from last year's results. Members provided feedback on the Consumer Satisfaction Survey results.
 - The Youth Satisfaction Survey (YSS) and Mental Health Statistical Improvement Program (MHSIP) results were reviewed. 2157 MHSIP and 839 YSS surveys were offered and 1443 MHSIP and 575 YSS surveys were returned. The survey results were above 3.50, indicating agreement. Members provided feedback on the survey results.
- ✓ Dan Dedloff (MSHN) reviewed the draft FY21 Consumer Advisory Council Annual QAPIP Report. The RCAC's FY21 accomplishments and upcoming goals for FY22 were discussed. Members included a goal for FY22 to advocate against the Public Behavioral Health System Redesign efforts. The report was finalized and approved by the members.
- ✓ Members discussed their reactions to the 2021 Walk-a-Mile event. Several members were able to take part in the event and shared their positive experience in supporting our mental health system during the event.
- ✓ Gordon Matrau has served as the RCAC Chairperson for two years and it was time for him to transition off the chairperson position. Vice-Chairperson Cathy Kellerman will become the RCAC Chairperson and the members elected Todd Koopmans as the new Vice-Chairperson for the council. Members expressed their appreciation to Gordon for the wonderful job he did as the RCAC Chairperson these past two years.

- ✓ Dan Dedloff (MSHN) shared an update regarding the proposed Public Behavioral Health System Redesign Initiatives. Members were encouraged to take advantage of the available advocacy opportunities through the Community Mental Health Association of Michigan and any other advocacy routes which become available.
- ✓ CMHSP Local Updates
 - Bay-Arenac Behavioral Health – No updates
 - CMH for Central MI
 - Member reported that their clubhouse in Mecosta County is hosting a vaccine clinic.
 - CMHA of C-E-I
 - Member reported an upcoming art contest in November and December. Their other member reported a positive experience from a recent Out of the Shadows event for suicide awareness held in Lansing.
 - Gratiot Integrated Health Network
 - Member announced an upcoming art show at NAMI Lansing.
 - Huron Behavioral Health
 - Member reported that meetings have returned to being in-person.
 - The Right Door
 - Member reported that The Right Door started as a Certified Community Behavioral Health Center (CCBHC) on October 1st. A clothing drive will be held on November 4th.
 - LifeWays Community Mental Health – No updates
 - Montcalm Care Network
 - The staff liaison shared that MCN has a new mobile crisis unit where a clinician and crisis worker travel out to the home to meet with a family in crisis. A crisis peer support will call the following day to offer additional support. Eight families have used the service since it began last month.
 - Newaygo County Mental Health
 - Members reported their consumer advisory committee (CAC) has continued meeting remotely.
 - Saginaw County CMHA
 - Member reported that their CAC has continued meeting remotely. She spoke about a program which has recently become available for low or no cost internet.
 - Shiawassee Health and Wellness
 - Member reported their CMH building is being remodeled. Their drop-in-center is open two days a week. Staffing has kept the drop-in-center from being open more days a week.
 - Tuscola Behavioral Health Systems
 - Staff liaison reported that their CAC has been experiencing low turnout. TBHS peers are working to update their peer brochure and two peers have recently been hired for wellness and case management areas.
- ✓ Other Business:
 - None
- ✓ Next Meeting Agenda Suggestions: None
- ✓ Adjourned

✓ ACTION/INPUT REQUIRED

- None

✓ KEY DATA POINTS/DATES

- Next meeting scheduled for December 10, 2021, 12:30-3:00pm via Zoom online