

December 8, 2021



## REGION 5 SPECIAL RELEASE

### *December SUD Provider Meeting Cancelled*

Hello, Region 5 SUD Prevention, Treatment & Recovery Providers,

We hope you had a safe and well-deserved break over the Thanksgiving holiday.

December, we realize, is a very busy month with multiple year-end demands, staff PTO, and holidays. We want also to incorporate the valued feedback we received on our recent survey that whenever we can, MSHN should share as much as possible via email. As we reviewed the agenda for our December meeting, we identified no pressing issues that required an "in person" (Zoom) meeting this month. **Therefore we have cancelled the virtual SUD Provider Meeting originally scheduled for December 16, 2021.** If there's any single month when the gift of 3 hours of time would be welcome, December seemed a good time to offer it.

We do have some important things we want to share:

**TIME-SENSITIVE! LARA WEBINAR ON RULE CHANGES: Thursday, December 9, 2021 from 10-11:30am ([link below](#))**

As many will recall, Michigan's Licensing and Regulatory Agency (LARA) has been revising the administrative rules in a staged process that started under the Governor Snyder administration. MSHN and the other PIHP's SUD Directors have met to distill questions and concerns regarding the proposed changes which are available to view [here](#).

LARA will host a webinar this week for programs and individuals impacted by administrative rules for Substance Use Disorder (SUD) Programs. The webinar will explain the proposed changes to the SUD administrative rules, answer submitted questions, and, time permitting, take additional questions.

#### **SUD Program Administrative Rules Webinar**

Thursday December 9, 2021 from 10-11:30am

To register for the webinar, click [here](#). To provide feedback or questions related to the SUD administrative rules to BCHS prior to the webinar, please complete the following survey [here](#).

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**SAVE THE DATE! *Seeking Safety* 1.5-Day Training with Dr. Lisa Najavits, March 8-9, 2022**

*Lisa M. Najavits, PhD*, was faculty at Harvard Medical School for 25 years and is currently Director of [Treatment Innovations](#). Her major clinical and research interests are substance abuse, trauma, co-morbidity, behavioral addictions, veterans' mental health, community-based care,



development of new psychotherapies, and outcome research.

She's authored over *200 professional publications*, including *Seeking Safety* which represents the first empirically studied, integrative, evidence-based treatment approach developed specifically for co-occurring disorders, PTSD, and substance use disorders and assists traumatized individuals in learning "safe coping skills," and in restoring self-respect, care, protection, and healing. Details coming soon!

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### **GAMBLING DISORDER TRAINING (& Reimbursement) in JANUARY 2022!**

A rise in the prevalence of gambling disorder (GD) during the pandemic has fueled a MSHN goal to build clinical capacity to support individuals with GD that often co-occurs with SUD. MDHHS has partnered with the Gambling Treatment Program to support the 30-hour Gambling Training. This training covers the basics of gambling and gambling disorder, gambling disorder among special populations, the new and ever-changing world of online gambling and gaming, and basic treatment methods to work with gamblers. The training includes 9 modules reviewed by a trained GD clinician.

The training is free, but MSHN recognizes that there's a hidden cost to clinicians' training spending time away from billable services. Therefore, MSHN is offering \$75 per hour reimbursement for the 30-hours of training up to a maximum of \$2,250 per clinician upon completion of the training. Clinicians with master's level degrees and licensure are eligible for this training. MSHN is hoping to begin building capacity by supporting at least 10 clinicians from the region at this time.

Please contact Trisha Thrush at [trisha.thrush@midstatehealthnetwork.org](mailto:trisha.thrush@midstatehealthnetwork.org) or (517) 220-2421 for further information.

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### **PROVIDER NETWORK STABILIZATION PLAN: Extended into FY22**

Early on in the pandemic, in Spring 2020, MSHN established a framework to extend support and stabilization payments to COVID-impacted regional providers. Previously issued guidance about stabilization funding is on MSHN's website [here](#) and has been disseminated in previous newsletters. While several providers accessed these funds, others have recently shared financial stressors related to staffing, overtime, inflationary costs, PPE, and loss of revenue.

As announced previously, in an effort to provide continuing support to the provider network, provider stabilization funds have been extended through FY22. Details can be accessed [here](#).

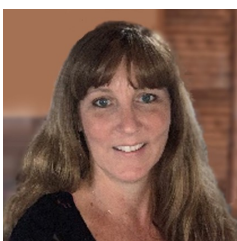
**While the deadline to submit FY21 requests was November 12, 2021, requests submitted by December 15, 2021 will be considered for FY21 stabilization funding.**

Please send any questions or completed requests to Leslie Thomas at [leslie.thomas@midstatehealthnetwork.org](mailto:leslie.thomas@midstatehealthnetwork.org).

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### **NEW MSHN CLINICAL STAFF HIRED!**

MSHN is pleased to announce the following vacant positions have been filled:



*Veteran Navigator, Tammy Foster*

Tammy served for 10 years in the MI National Guard and worked at the VFW National Home for Children with veterans and military families for 20 years, until May of this year. She will be reaching out to meet providers and to introduce herself as a resource to veterans and to providers with military cultural competency trainings. You can reach Tammy at [tammy.foster@midstatehealthnetwork.org](mailto:tammy.foster@midstatehealthnetwork.org).



*Prevention Specialist, Sarah Surna*

Sarah comes to us from Barry-Eaton District Health Department, where she was involved in prevention work. Sarah will be the main contact for the southern part of Region 5. You'll see her attending coalition meetings in the coming months and can reach her via email at [sarah.surna@midstatehealthnetwork.org](mailto:sarah.surna@midstatehealthnetwork.org).

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### **UM 101 TRAINING MATERIALS: Now Available on MSHN Website**

The full Utilization Management 101 training is available on the MSHN website [here](#). Please contact the UM Department at [um@midstatehealthnetwork.org](mailto:um@midstatehealthnetwork.org) or (844) 405-3095 with any questions.

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From all of us at MSHN, please accept our wishes for a **warm, safe,** and **happy** holiday season!

**Peace!**