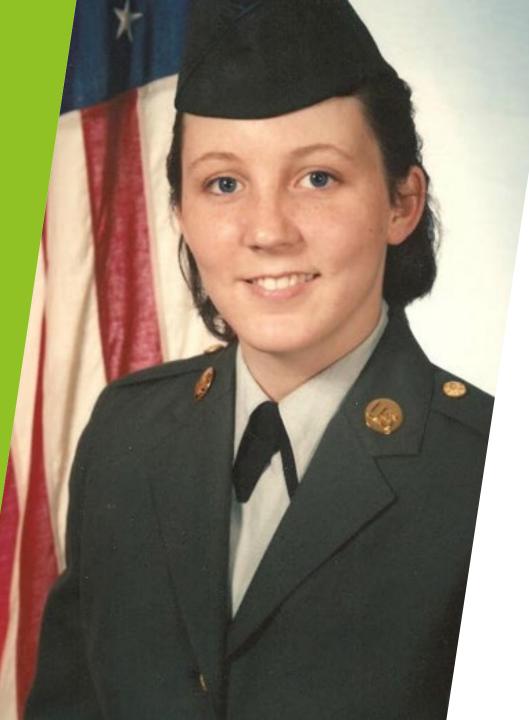
Veteran Resources

Tammy Foster Veteran Navigator





About me Tammy Foster

- 10 years in Michigan Army National Guard
- I am the daughter & niece of Vietnam veterans
- 20+ years experience working with veterans as a Case Manager
- In my free time, I enjoy spending time outside with our horses and dogs

MSHN

Mid-State Health Network

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Veteran Navigator

- Offer veterans & military families (VMF) supports from a person with lived military experience
- Help connect VMF to SUD, behavioral health and other health services
- Provide VMFs support with navigating benefits & other social services, links to basic needs like housing & food
- Provide military cultural competency trainings
- Expand strategies for reducing stigma & suicide
- ► Follow up with SUD & CMH providers

VETERAN CRISIS HOTLINE

VETERANS WHO ARE IN CRISIS OR HAVE HAD THOUGHTS OF SUICIDE CAN CALL THE VETERANS CRISIS LINE

24/7/365

(800) 273-8255, AND PRESS 1

CHAT ONLINE AT WWW.VETERANSCRISISLINE.NET/CHAT

OR TEXT TO 838255.

IF YOU KNOW SOMEONE AT RISK, HELP THEM GET HELP.





Housing Resources

VA home loan program:

https://www.va.gov/housing-assistance/home-loans/loan-types/

VA loan and eligibility information, website below walks the veteran through the steps and checklist to learn more about the VA home loan

Modification grants:

www.va.gov/housing-assistance/disability-housing-grants/

This is for veterans with a service-connected disability to get information on how to apply for grant assistance to do modifications to their home such as adding a ramp

Homeless programs:

www.va.gov/homeless/nationalcallcenter.asp

This connects veterans to VA programs for homeless veterans

Housing Resources... (Continued)

► VFW National Home for Children

https://vfwnationalhome.org

Non-profit agency with a goal-oriented program located in Eaton Rapids, Michigan

Michigan Veteran Homes:

www.michigan.gov/mvh/

3 veteran homes in Michigan for long and short-term nursing care, Rehabilitation, therapy, dementia & memory care, and palliative care

Financial Resources

Benefits counselors/Veteran Service Officers

https://www.michigan.gov/mvaa/county-filter-searchlocations#g=45.1996966|-85.2228083&o=Distance%2CAscending

A VSO can process applications for disability claims

Emergency financial assistance:

https://www.michigan.gov/mvaa/other-benefits-and-resources/panelstate/emergency-assistance/panel-content

A variety of financial assistance available to veterans and families

MDHHS Bridges website

https://newmibridges.michigan.gov/s/isd-landing-page?language=en_US Apply for medical, food, daycare, emergency assistance, cash assistance

Employment Services

► MIWorks

https://www.michigan.gov/leo/0,5863,7-336-94422_95539_98962---,00.html

Veteran's career advisors work directly with veterans and spouses. Help with job search, career goals, employer outreach, interview skills, and resume building.

► MVAA

https://www.michigan.gov/mvaa/employment-new/panel-veterans/find-a-job-a

Michigan Veterans Affairs Agency has a veteran friendly employer program and assists matching veterans with private, state and federal jobs

Education Assistance

Michigan Veterans Affairs Agency

https://www.michigan.gov/mvaa/education

Several links to a variety of education assistance, programs, grants and scholarships available to veterans and dependents

Tuition Incentive Program/TIP

<u>TIP website</u> or call 888-447-2687

Eligibility: Medicaid coverage for 24 months in a 36-month period between ages 9-18

FAFSA

https://studentaid.gov/h/apply-for-aid/fafsa

Free application for student aid



Mental Health

► CMHSP in Region 5 listed by county

https://cmham.org/membership/cmhsp-directory/



► Vet Centers ~ 8 located in Michigan

https://www.michigan.gov/mvaa/health-and-welfare/mental-health-resources

Vet centers are community-based counseling and outreach centers for veterans and their families, all services are free of charge.

Psychology Today website

https://www.psychologytoday.com/us/therapists/michigan

Find a therapist in your area and that accepts the insurance you have

VA Health

► VA Health region map

Community Care program

https://www.va.gov/COMMUNITYCARE/programs/veterans/General_Care.asp For VA approval to receive care from a community provider Notification number for an ER visit 844-724-7842

Women veterans health care services

https://www.womenshealth.va.gov/

Information and services specific to women's health

Call (or text) 855-829-6636

