



**Region 5 - Regional Medical Directors Meeting**

**Friday, March 15, 2024, 1:00pm-3:00pm**

**Meeting Materials:** [03-15-2024 Regional Medical Director's Meeting | Powered by Box](#)

**Zoom Link:** <https://us02web.zoom.us/j/82291897541?pwd=SnN3ZGs1RXpyRkg1Ynl3Mms0Q3hKQT09>

**FY 2024 Meeting Calendar**

**November 17, 2023**

**May 17, 2024**

**January 19, 2024**

**July 19, 2024**

**March 15, 2024**

**September 20, 2024**

**Attendees:**

**MSHN:** Zakia Alavi, Skye Pletcher, Todd Lewicki

**Bay:** Dr. Roderick Smith

**CEI:** Dr. Stanley (unavailable)

**Central:** Dr. Janssen

**Gratiot:** Dr. Rangwani (unavailable)

**Huron:** Dr. Edler (unavailable)

**Lifeways:** Dr. Drumm

**Montcalm:** Dr. Brian Smith, Melissa MacLaren

**Newaygo:** Dr. Baker (unavailable)

**Saginaw:** Dr. Ibrahim, Jen Kreiner

**Shiawassee:** Dr. Hashimoto (unavailable)

**Right Door:** Dr. Sanchez

**Tuscola:** Dr. Movva, Tina Gomez

**Guests:**

**KEY DISCUSSION TOPICS**

1. Welcome & Roll Call/New Member
2. Review and Approve January Minutes, Additions to Agenda
3. MSHN Population Health Plan
4. FY24Q1 Balanced Scorecard
5. Crisis Residential Update
6. Behavior Treatment Guideline and Medical Manual HCBS Chapter

**3-Population Health Plan**

Provided a brief summary on the focal areas of the population health plan. REgional trends identified: higher obesity rate, low birthweight and 13% of adults had multiple health conditions for BH and physical. Reviewed other health statistics. Hypertension and diseases of the heart being separate was discussed as likely different than coronary heart disease. It appears that it is splitting out cardiovascular disease. Shared information on CCBHCs, BHH, and OHH. Covered recommendations for FY24 and FY25. No additional priorities were identified by the RMD members. Approved to move the plan forward to other regional councils/committees, operations council, and board of directors.

Skye will verify the specifications of the data pull. Likely due to CC360 limitations. Skye will email a copy to the RMD.	By Who Skye	N/A	By When	May 2024
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**4-FY24Q1 Balanced Scorecard**

Reviewed proposed FY24 metrics; approval and agreement from medical directors.

No additional follow up action at this time.	By Who	N/A	By When	N/A
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**5- MSHN Crisis Residential Update**

Healthy Transitions is going through final approvals and licensing process. Anticipated opening in next 2-4 weeks. Todd will schedule an opportunity for medical directors to walk-through at a later date.

No additional follow up action at this time.	By Who	N/A	By When	N/A
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**6- BTP Technical requirement and HCBS Chapter**

There are existing redundancies between the MDHHS Behavioral Treatment Plan Technical Requirement and the HCBS Chapter of the Medicaid Provider Manual. MDHHS has taken a rigid interpretation of HCBS guidelines and is requiring any restrictions/limitations to be documented in the Health & Safety section of the Individual Plan of Service, even if there is already an existing Behavioral Treatment Plan which documents the restrictions/limitations.

	By Who	N/A	By When	N/A
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