

Meeting Date: December 09, 2022

RCAC/MSHN Attendees:

19 members attended online, A. Ittner (MSHN), S. Pletcher-Negron (MSHN), S. Gettel (MSHN), D. Dedloff (MSHN)

KEY DISCUSSION TOPICS

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| <ul style="list-style-type: none"> • Welcome & Introductions • Review and approve October 14, 2022 meeting snapshot <ul style="list-style-type: none"> ○ Follow-up agenda items • Approval of current agenda • Integrated Care Presentation • MSHN Informational Items: <ul style="list-style-type: none"> ○ Quality Improvement Quarterly Updates | <ul style="list-style-type: none"> • Poll: In-person RCAC Meetings • Member Suggested Topics <ul style="list-style-type: none"> ○ Overcoming Transportation Barriers • Public Behavioral Health System Redesign • CMHSP Local Updates • Other Business • Adjourn |
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✓ **KEY DECISIONS**

- ✓ Welcome & Introductions
 - The ongoing reminder regarding meeting participation etiquette was provided to assist members in having a smooth and courteous meeting.
- ✓ The Regional Consumer Advisory Council (RCAC) meeting snapshot for October 14, 2022 was approved.
 - Follow-up agenda items: None
- ✓ The current agenda was reviewed and approved.
- ✓ Amanda Ittner & Skye Pletcher-Negron [MSHN] presented on MSHN Integrated Care efforts across the region. It was noted that the goals for Integrated Care are to improve access, increase the role of peer support specialists and community workers, improve health outcomes, and improve care transitions. The Behavioral Health Home initiative was described as a comprehensive care management and coordination service for Medicaid beneficiaries with various serious mental illness/serious emotional disturbance (SMI/SED) diagnoses. Additional Integrated Care initiatives of Certified Community Behavioral Health Clinic, Opioid Health Home, and Behavioral Health Home were presented. Members provided feedback and expressed appreciation for MSHN's work on Integrated Care initiatives.
- ✓ MSHN Informational Items:
 - Sandy Gettel [MSHN] provided an overview of the draft FY2022 Quality Assessment Performance Improvement Plan (QAPIP), and members provided feedback. She reviewed the QAPIP areas and noted if the area was going to be continued, updated, or discontinued. Each area is reviewed annually to see if it can be done better, if it can be done more efficiently, or if it is no longer beneficial and could be removed. Any area which did not meet the established standard requires the development of an action step for improvement. One area focuses on addressing race-based health disparities, and a member asked how MSHN is working to address the area. Ms. Gettel noted that health disparity data is regularly reviewed to identify contributing factors, and ways to impact change are explored.
- ✓ Dan Dedloff [MSHN] led a poll and discussion on whether members want to add an in-person meeting option for RCAC meetings. The poll showed that members favored adding an in-person meeting option. Members affirmed that a hybrid format with a Zoom online meeting option should remain available. Since the last location used for in-person meetings is no longer available, Mr. Dedloff will work with the regional CMHSPs to explore possibilities for a centralized meeting location. The April RCAC meeting will tentatively be the first meeting to have an in-person meeting option.
- ✓ Member Suggested Topics:
 - The topic of overcoming transportation barriers was discussed. Members agreed that transportation could be a barrier for individuals accessing CMHSP services. Some CMHSPs transport individuals, and some do not. Medicaid transportation services are available for medical appointments and can be used for telehealth appointments. Some counties have a bus system, but others do not. The local commission on aging may also be available to provide transportation.
- ✓ Public Behavioral Health System Redesign
 - Members were informed that on November 28th there was an attempt to pass Senate Bills (SB) 597 & 598. Both bills did not receive enough votes and failed to pass. Legislative business for the year was concluded on December 8th without any additional consideration of SBs 597 & 598 or any form of the language being included in another bill. Members were thanked for their advocacy because it is believed that advocacy prevented SBs 597 & 598 from making it out of the Senate.

	<ul style="list-style-type: none"> ✓ CMHSP Local Updates <ul style="list-style-type: none"> ○ Bay-Arenac Behavioral Health <ul style="list-style-type: none"> ▪ None ○ CMH for Central MI <ul style="list-style-type: none"> ▪ Mecosta County clubhouse members received Christmas food baskets. ○ CMHA of C-E-I <ul style="list-style-type: none"> ▪ Member reported that consumer representation positions are open through CMHA of C-E-I. ○ Gratiot Integrated Health Network <ul style="list-style-type: none"> ▪ Member reported that GIHN had filled 14 staff positions. A blood drive is scheduled for January 6th at GIHN. An empowerment class for young women aged 12 to 17 will be on Mondays beginning January 23rd and runs through May 29th. ○ Huron Behavioral Health <ul style="list-style-type: none"> ▪ Member reported several open staff positions; this includes obtaining a psychiatrist due to their current psychiatrist wanting to retire. ○ The Right Door <ul style="list-style-type: none"> ▪ Member reported that their drop-in center held a Thanksgiving dinner, Thanksgiving baskets were provided to local families in need, and a food drive was held to have food available within their Ionia and Baldwin office food pantries. ○ LifeWays Community Mental Health <ul style="list-style-type: none"> ▪ None ○ Montcalm Care Network (MCN) <ul style="list-style-type: none"> ▪ Staff liaison reported that MCN staff plan to sing Christmas carols to their AFC home residents and staff adopted families in need to provide them Christmas gifts. ○ Newaygo County Mental Health <ul style="list-style-type: none"> ▪ Member reported that local CAC meetings have yet to occur. Their annual Christmas potluck auction successfully raised money for those in need. ○ Saginaw County CMHA <ul style="list-style-type: none"> ▪ None ○ Shiawassee Health and Wellness <ul style="list-style-type: none"> ▪ A staff recognition was held, and it was a wonderful event. ○ Tuscola Behavioral Health Systems <ul style="list-style-type: none"> ▪ None ✓ Other Business: <ul style="list-style-type: none"> ○ Members discussed the use of the Zoom meeting chat during RCAC meetings. MSHN staff liaison, Dan Dedloff, expressed concern over “sidebar” conversations happening in the chat during meetings which may impact the meeting experience for members. Members discussed the concern and stated that the chat allowed them to have time to comment thoughtfully on meeting topics. After discussion, members agreed to be respectful when using the meeting chat, and the vice chair would begin to moderate the chat to ensure no “sidebar” conversations occur. ✓ Adjourned
<ul style="list-style-type: none"> ✓ ACTION/INPUT REQUIRED 	<ul style="list-style-type: none"> • None
<ul style="list-style-type: none"> ✓ KEY DATA POINTS/DATES 	<ul style="list-style-type: none"> • Next meeting scheduled for February 10, 2023, 12:30-3:00 pm via Zoom online meeting.