

**Meeting Date:** April 12, 2024

**RCAC/MSHN Attendees:**

17 members attended A. Ittner (MSHN), T. Lewicki (MSHN), S Gettel (MSHN), and D. Dedloff (MSHN)

**KEY DISCUSSION TOPICS**

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| <ul style="list-style-type: none"> <li>• Welcome &amp; Introductions</li> <li>• Review and approve February 9, 2024 meeting snapshot             <ul style="list-style-type: none"> <li>○ Follow-up agenda items</li> </ul> </li> <li>• Approval of current agenda</li> <li>• Network Adequacy Assessment</li> <li>• Conflict Free Access and Planning Update</li> <li>• MSHN Informational Items:             <ul style="list-style-type: none"> <li>○ Quality Improvement Quarterly Updates</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• MSHN Council/Committee Consumer Representatives</li> <li>• Updates             <ul style="list-style-type: none"> <li>○ Regional</li> <li>○ Public Behavioral Health System Redesign</li> </ul> </li> <li>• Member Suggested Topics</li> <li>• CMHSP Local Updates</li> <li>• Other Business</li> <li>• Adjourn</li> </ul> |
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✓ **KEY DECISIONS**

- ✓ Welcome & Introductions
- ✓ The Regional Consumer Advisory Council (RCAC) meeting snapshot for February 9, 2024 was approved.
  - Follow-up agenda items: None
- ✓ The current agenda was reviewed and approved.
- ✓ Amanda Ittner (MSHN) reviewed the MSHN Network Adequacy Assessment (NAA) for RCAC member feedback. The NAA consists of standards for adult and youth populations that focus on services for adults (Assertive Community Treatment, Crisis Residential Programs, Inpatient Psychiatric, Opioid Treatment Programs, and Psychosocial Rehabilitation Programs (Clubhouses), services for children (Crisis Residential Programs, Home-Based, Inpatient Psychiatric, and Wraparound Services), and Time/Distance standards. Members provided their thoughts and feedback on the NAA.
- ✓ Dr. Todd Lewicki [MSHN] provided an update on Conflict Free Access and Planning. He reported that MDHHS met with PIPHs and CMHSPs to review their plan. MDHHS reported that Conflict Free Access and Planning applies to all entities conducting Home and Community-Based Services (HCBS) service planning and is required for all individuals receiving HCBS services. MDHHS provided three possible conflict-free scenarios. Dr. Lewicki reported that many concerns still exist. Questions have been provided to MDHHS requesting additional clarification on Utilization Management requirements through the PHIP and implementation expectations for their October 1, 2024, deadline. Additional updates will be shared as regional planning occurs for Conflict Free Access and Planning implementation.
- ✓ MSHN Informational Items:
  - Sandy Gettel [MSHN] shared an update on performance indicators. She highlighted the indicators whose performance was below the desired target value. Quality staff throughout the region are reviewing why the indicators are not being met and exploring interventions to bring the indicators to the desired target value. A member shared that reminder calls are helpful, but an additional call might help to assist individuals in scheduling transportation to appointments. A member shared that it does help with engagement when the individual providing a service is part of the consumer's racial and/or ethnic group. The group acknowledged that the initial paperwork requirements can be a barrier for individuals to feel that their reason for entering services is being immediately addressed.
- ✓ Dan Dedloff [MSHN] shared that positions are available for consumers to participate on MSHN councils and committees. The Consumer Participation page of the MSHN website was shared with members, and members were invited to share the information with anyone interested in the opportunity.
- ✓ Updates
  - The MSHN Board Newsletter was provided to members for updates on regional initiatives.
  - There were no updates regarding the proposed redesign of the public behavioral health system.
- ✓ Member Suggested Topics –
  - The member from The Right Door asked about what efforts are happening to address local disparities (food, healthcare, education, and transportation.) In discussing the disparities, it was noted that these areas impact the individuals served through CMHSPs, but CMHSPs are not directly responsible for addressing the disparities. Members spoke about partnering with local non-profit

organizations that address local disparities. Developing local partnerships will assist individuals served through the CMHSPs in knowing about and benefiting from the partner agencies.

- ✓ CMHSP Local Updates
  - Bay-Arenac Behavioral Health
    - Member shared that during their most recent CAC meeting, they discussed relaxation techniques, policy review, self-determination, independent facilitation, a review of their cultural competency plan, and capacity for same-day access.
  - CMH for Central MI
    - Member reported their clubhouse will have their annual Walk-a-Mile event on June 13th. Three clubhouse members will give a speech during the event. She is looking forward to a good turnout.
  - CMHA of C-E-I
    - None
  - Gratiot Integrated Health Network
    - None
  - Huron Behavioral Health
    - Member reported continued staffing issues and a Celebrate Success picnic is scheduled in June.
  - The Right Door
    - Member reported two new peer supports have been hired, a clothing giveaway is scheduled for May 2<sup>nd</sup>, and their peer team is excited about the upcoming peer conference in May.
  - LifeWays
    - Member reported that their annual celebration luncheon is coming up in May. Their local CAC has not been meeting.
  - Montcalm Care Network (MCN)
    - None
  - Newaygo County Mental Health
    - Member reported enjoying a recent presentation by Page's Promise and their impact on addressing opioid addiction. Their recent CAC meeting went very well.
  - Saginaw County CMHA
    - Member reported staffing issues. Diversity, Equity, and Inclusion have been a focus of attention.
  - Shiawassee Health and Wellness (SHW)
    - Member reported SHW is holding a community fair on May 15<sup>th</sup>. SHW is participating in an upcoming community chocolate walk where individuals sample chocolates from local businesses.
  - Tuscola Behavioral Health Systems
    - Member reported their peer center was closed while a director was being hired but a director was recently hired and the center is back open for members.
- ✓ Other Business: None
- ✓ Adjourned

✓ ACTION/INPUT REQUIRED

- None

✓ KEY DATA POINTS/DATES

- The next meeting is scheduled for June 14, 2024, from 12:30-3:00 pm.