



Region 5 - Regional Medical Directors Meeting

Friday, November 15, 2024, 1:00pm-3:00pm

Meeting Materials: [11-15-2024 Regional Medical Director's Meeting | Powered by Box](#)

Zoom Link: <https://us02web.zoom.us/j/82291897541?pwd=SnN3ZGs1RXpyRkg1Ynl3Mms0Q3hKQT09>

FY 2025 Meeting Calendar

November 15, 2024

May 16, 2025

January 17, 2025

July 18, 2025

March 21, 2025

September 19, 2025

Attendees:

MSHN: Zakia Alavi, Skye Pletcher, Todd Lewicki

Bay:

CEI: Dr. Stanley

Central: Dr. Janssen

Gratiot: Dr. Rangwani

Huron: Dr. Edler

Lifeways:

Montcalm:

Newaygo:

Saginaw: Jen Kreiner

Shiawassee:

Right Door:

Tuscola:

Guests:

KEY DISCUSSION TOPICS

1. Welcome & Roll Call/New Member
2. Review and Approve May minutes, Additions to Agenda. New FY25 meeting dates above
3. NAVIGATE on Demand-Cathy Adams presenting (1:00pm-2:00pm)
[Article: NAVIGATE for First Episode Psychosis](#)
4. DBT Institute of Michigan-crisis residential-Josh Smith presenting (2:00pm-2:30pm)
5. Columbia Suicide Screening and where/if it is embedded in the access screens region wide
6. SUD and what/how screening process is like across the region

Distribution list updates to be requested.

Parking Lot:

1. Justice Department Launches Disability Rights Investigation into Unnecessary Institutionalization in Michigan's State Psychiatric Hospitals-recent article [Office of Public Affairs | Justice Department Launches Disability Rights Investigation into Unnecessary Institutionalization in Michigan's State Psychiatric Hospitals | United States Department of Justice](#)

Agenda Item	Action Required				
3- NAVIGATE on Demand (Cathy Adams)	The program was named NAVIGATE to convey its goal of helping and guiding individuals with a first episode of psychosis toward psychological and functional health and providing these services or helping them to access those services in the mental health system. Its focus is on its psychosocial components. NAVIGATE is a team-based, multicomponent treatment program designed to be implemented in routine mental health treatment settings and aimed at guiding people with a first episode of psychosis (and their families) toward psychological and functional health.				
	Cathy presented coordinated specialty care for first episode psychosis. the national team is at navigateconsultants.com and there are many resources there. Discussed point of entry into the program. Contact Cathy through: (Catherine Adams adams@etchwellness.org)	By Who		By	
4-DBT Institute of Michigan (Josh Smith)	The DBT Institute of Michigan was approved as a crisis residential facility in late FY24. This will be a service for adult females experience an acute crisis that can be safely treated in a crisis residential setting. DBT is an evidence-based practice for treating individuals who are chronically suicidal. DBT quickly became the EBP for persons experiencing borderline personality disorder and this puts DBT institute in unique standing to provide a specialized service to a population in great need.				
	Josh Smith, DBTIMI CEO talked about the new crisis residential program. Hospitalizations have been greatly reduced and saving payers money. The program is intensive and is showing results.	By Who		By When	
5-Columbia Suicide Screening	Is this being used at CMHSPs and where/if it is embedded in the access screens?				
	Dr. Alavi recommends the group look at this and provide a recommendation.	By Who		By When	
6-SUD Screening Process	SUD and what/how screening process is like across the region.				
	Will carry this forward.	By Who		By When	
		By Who		By When	

		By Who	By When	
	1.			