

Council, Committee or Workgroup Meeting Snapshot

Meeting: Regional Consumer Advisory Council

Meeting Date: August 11, 2023

RCAC/MSHN Attendees:

17 members attended online, S. Gettel (MSHN) and D. Dedloff (MSHN)

KEY DISCUSSION TOPICS

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| <ul style="list-style-type: none"> • Welcome & Introductions • Review and approve June 9, 2023 meeting snapshot <ul style="list-style-type: none"> ○ Follow-up agenda items • Approval of current agenda • Presentation - Healthy Democracy Healthy People • MSHN Website Redesign • MSHN Informational Items: <ul style="list-style-type: none"> ○ Quality Improvement Quarterly Updates | <ul style="list-style-type: none"> • Member Suggested Topics <ul style="list-style-type: none"> ○ Conflict-Free Access and Planning Listening Sessions • Update: Public Behavioral Health System Redesign • Election of RCAC Vice-Chair • CMHSP Local Updates • Other Business • Adjourn |
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✓ **KEY DECISIONS**

- ✓ Welcome & Introductions
 - The ongoing reminder regarding meeting participation etiquette was provided to assist members in having a smooth and courteous meeting. Members were also reminded to arrive on time and to introduce themselves so that their attendance could be recorded.
- ✓ The Regional Consumer Advisory Council (RCAC) meeting snapshot for June 9, 2023 was approved.
 - Follow-up agenda items: None
- ✓ The current agenda was reviewed and approved.
- ✓ Gnora Gumanow, partnership director for *Healthy Democracy Healthy People* (HDHP), presented on the HDHP initiative. She spoke about HDHP as being a coalition rooted in public health focused on what can be done collectively to assure conditions in which (all) people can be healthy. HDHP is dedicated to building collective power to realize health and racial equity by strengthening democracy through inclusive civic and voter participation. She noted that the primary reason that individuals do not vote is because they are not registered to vote. Studies show that greater civic engagement/voting access leads to better health outcomes. Members discussed the information, and it was noted that the most important part is supporting access and removing barriers so that people can vote.
- ✓ Sandy Gettel [MSHN] discussed the planned updates to the MSHN website. MSHN seeks to improve the website to ensure that it is visually appealing, user friendly, contains relevant information, provides easily seen information to assist individuals to access services, and the website includes the correct terms for the individuals served. Ms. Gettel led members through the current MSHN website and noted areas for possible improvement. She asked about the best terminology to use for individuals engaged in services and members reported that Person Served is good. Members provided feedback and suggested making linking to the CMHSP websites prominent, to have quick and clear access to the provider directory, and to engage individuals through Facebook, Instagram, Twitter (X), and Tic Toc. Links to access important areas throughout the region should be prominent and not take multiple layers to access. MSHN website improvements be developed over the next six months and feedback will be sought again when the draft website is ready.
- ✓ MSHN Informational Items:
 - Sandy Gettel [MSHN] reviewed the Quality Improvement Quarterly Update. Her update focused on the FY23 Q2 Performance Indicator (PI) results. The MSHN region has met the standards for PI #1, #4, and #10. The State is still working to collect baseline data for PI #2a, and #3. The focus is to continue to improve helping people to get into services and to make sure they continue to receive ongoing services.
- ✓ Member Suggested Topics
 - Members discussed the recent Conflict-Free Access and Planning Listening Sessions. Members reported that accessing the listening session was difficult because the organizers were kicking out individuals who were believed to not be an individual receiving services. Some of the individuals kicked out of the session were staff who had received feedback from individuals engaged in services to share during the listening session. The feedback which was provided was that none of the four proposed plans were a good option. Members wondered if the organizers understand that the plans could cause individuals seeking services to retell their story multiple times and could harm the working relationship developed while beginning services. Additional listening sessions are planned and at least one will be for staff/provider feedback.

	<ul style="list-style-type: none"> ✓ Dan Dedloff [MSHN] reported that there have not been any additional developments regarding the system redesign. ✓ Chairperson, Cathy Kellerman, has served the RCAC for an extended period and she was thanked for her leadership. Brandon Hahn was nominated to be the next vice-chair, he accepted, and members voted to approve him as the RCAC vice-chair. Todd Koopman will assume the chairperson role and Mr. Hahn vice-chair during the next RCAC meeting in October. ✓ The FY24 meeting schedule was highlighted and will be on the agenda moving forward. The RCAC meetings are scheduled on the second Friday or the even months during the fiscal year. ✓ CMHSP Local Updates <ul style="list-style-type: none"> ○ Bay-Arenac Behavioral Health <ul style="list-style-type: none"> ▪ The staff liaison reported that two new members will be joining the RCAC in October. ○ CMH for Central MI <ul style="list-style-type: none"> ▪ Member reported that she was able to join the recent Conflict-Free Access and Planning Listening Session. ○ CMHA of C-E-I <ul style="list-style-type: none"> ▪ Member reported that CMHA of C-E-I has a luncheon scheduled for August 26th at Potter's Park Zoo. ○ Gratiot Integrated Health Network <ul style="list-style-type: none"> ▪ Member reported that GIHN will be participating in Walk a Mile and the member plans to play his guitar during the sharing portion of the event. GIHN has been at the local Farmer's Market to share information on GIHN services with the community. ○ Huron Behavioral Health <ul style="list-style-type: none"> ▪ Member reported that on August 23rd a beach day at Harbor Beach has been organized. ○ The Right Door <ul style="list-style-type: none"> ▪ Member reported that their Back-to-School bash was earlier in the week and the event reached 300 kids. The Express Yourself art gallery event is scheduled for September 15th. ○ LifeWays Community Mental Health <ul style="list-style-type: none"> ▪ None ○ Montcalm Care Network (MCN) <ul style="list-style-type: none"> ▪ None ○ Newaygo County Mental Health <ul style="list-style-type: none"> ▪ Member reported that their local CAC spoke about diabetes education. Members through their local drop-in center raised \$2200 doing projects in the community. Praise was given for their executive director's efforts to fund and organize backpacks for individuals coming out of jails to have basic necessities as they reenter the community. ○ Saginaw County CMHA <ul style="list-style-type: none"> ▪ None ○ Shiawassee Health and Wellness <ul style="list-style-type: none"> ▪ Member reported an end of the summer beach trip is schedule for August 25th. There is excitement for the upcoming Walk a Mile event. ○ Tuscola Behavioral Health Systems <ul style="list-style-type: none"> ▪ Member reported that their Peer Center has organized a beach day, an overnight camping trip, and swimming at the Bavarian Inn. On August 16th TBHS is planning to hold their annual picnic. ✓ Other Business: NCMH member spoke about an event in their community called Tall Cop and that she is looking forward to the event. More information can be found on the website: www.tallcopsaysstop.com. ✓ Adjourned
<ul style="list-style-type: none"> ✓ ACTION/INPUT REQUIRED 	<ul style="list-style-type: none"> • None
<ul style="list-style-type: none"> ✓ KEY DATA POINTS/DATES 	<ul style="list-style-type: none"> • Next meeting scheduled for October 13, 2023, 12:30-3:00 pm.