

## Assertive Community Treatment (ACT) Utilization FY22 FINAL

### Background

MDHHS issued the “Requirements for Reporting Assertive Community Treatment” Memo on 11/20/2020 followed by the “Clarification to Requirements for Reporting Assertive Community Treatment” Memo on 11/23/2020. The purpose of the memos was to clarify the minimal expectations for provision of ACT services. One of the identified expectations was an average of 120 minutes of contact per consumer per week. Although this expectation is not currently included in the Michigan Medicaid Provider Manual it is included in the Substance Abuse and Mental Health Services Administration (SAMHSA) *Assertive Community Treatment (ACT) Evidence-Based Practices (EBP) Kit*, as well as the *Michigan Field Guide to ACT*. MDHHS indicated that clarifying language will be added to a future revision of the MMPM.

### Service Utilization Summary

Regional ACT (H0039) service utilization data is being monitored during FY22 to evaluate if services are currently being delivered to fidelity. Average weekly contact per consumer was calculated using the methodology as described in the *Michigan Field Guide to ACT*.

*Average Minutes Per Week/Per Consumer*

CMHSP	Q1	Q2	Q3	Q4
Saginaw	132.5	92	85	**
Tuscola	77.5	70	88	**
BABHA	41	39	32	26
CEI	131	75.5	56.5	47
CMHCM	37.5	42	42	43
Huron	64	71	62	57.5
Lifeways	70	68	64	**

\*\*Incomplete data due to claims lag

**Highlighted Field** = 85% - 100% fidelity to model (96-120 average minutes per week/per consumer)

While service delivery has been impacted by the COVID-19 pandemic, it should be noted that the pre-pandemic data indicates ACT services were not being provided to fidelity in the MSHN region.

Date of UM Committee Review: To be reviewed January 2023

Committee Discussion & Response to Data:  
TBD

Recommendations & Next Steps:

- A. Identify Barriers -COVID, possible staffing issues
- B. CMHSPs will validate data and notify MSHN if any inconsistencies are found
- C. Quarterly data monitoring by UM Committee
- D. FY22 Monitoring- Consider addition of new program-specific standard for FY22 DMC review cycle

Next Review: January 2023 UM Committee Meeting

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