

SUMMARY:

THREE-YEAR (FY24-26) STRATEGIC PLAN FOR SUBSTANCE USE DISORDER (SUD) PREVENTION, TREATMENT & RECOVERY SERVICES

Background:

When MSHN absorbed oversight of SUD services in 2015, we inherited a strategic plan that was developed previously by the three sub-regional entities that merged under MSHN's umbrella. MDHHS did not require a new plan for several years thereafter so MSHN's first three-year strategic plan was developed in 2020 for FY21-23 and is hereon MSHN's website. That plan was developed as the COVID pandemic was overwhelming health care systems around the country and globally. MSHN incorporated and anticipated what it could based on the changing landscape of health care. For FY24-26, MDHHS has provided a detailed guidance document as to what each region needs to include in their plan. Based on that guidance and the post-pandemic new normal, MSHN will be updating its FY21-23 to reflect current conditions.

Variables that inform MSHN's FY24-26 Plan:

- 1. Barriers to SUD prevention, treatment, and recovery services
- 2. Communicable Disease
- 3. Regional Epidemiological Profile
- 4. SUD Morbidity, Mortality and Prevalence
- 5. Youth Epidemiological Indicators
- 6. Adult Epidemiological Indicators
- 7. Older Adult Epidemiological Indicators
- 8. Mechanisms for Coordination of Services
- 9. Decision-making Processes including Board of Directors, OPB, Leadership & Community Partnerships

Strategic Goals:

Prevention Goals:

- 1. Reduce underage drinking
- 2. Reduce marijuana use
- 3. Reduce opioid prescription use
- 4. Reduce youth tobacco and nicotine use
- 5. Increase access to prevention services for adults 55+yr.

Treatment & Harm Reduction Goals:

- 1. Increase access to Treatment Services:
 - Behavioral health and primary care services for persons at-risk for and with mental health and substance use disorders;



- Access to OUD treatment and harm reduction for persons living with Opioid Use Disorders;
- Access to treatment and re-entry treatment for criminal justice involved populations returning to communities;
- Access to trauma responsive services;
- Reduction in the percentage of substance exposed births/infants;
- Access to treatment services for older adults 55 and older.

Recovery Goals:

- 1. Increase and enhance Recovery:
 - Coordination of prevention, follow-up and continuing care in the recovery process;
 - Support coordinated strategies to support recovery;
 - Access to recovery services promoting life enhancing recovery and wellness for individuals and families.

Health Equity & Disparities Reduction Goals:

- 1. Identify gaps in access to services, to quality care, and to disparate health outcomes in our region;
- 2. Identify upstream factors contributing to those disparities in access to services and health outcomes;
- 3. Develop and implement strategies to address disparities in a pilot for Region 5;
- 4. Assess outcomes and promote successes to the broader provider network.

Data Sources being used (this list is not all-inclusive):

- 1. SUD Data Repository
- 2. MiPHY
- 3. Healthy People Health.gov
- 4. MODA Dashboard
- 5. MI Opioids website
- 6. CDC
- 7. Census Data
- 8. NIDA
- 9. SAMHSA National Survey on Drug Use and Health (NSDUH)
- 10. SAMHSA Evidence-Based Practices
- 11. SAMHSA Strategic Plan
- 12. Michigan Demographics per 2020 Census
- 13. REMI (MSHN's treatment authorization & billing system not linked here due to PHI)